



The Maine Health Access Foundation's mission is to **promote access** to **quality health care**, especially for those who are uninsured and underserved, and **improve the health** of everyone in Maine.

**MeHAF**  
MAINE HEALTH ACCESS FOUNDATION

2016 ANNUAL REPORT



Ashley McCarthy is a certified health insurance Navigator at Western Maine Community Action. [enroll207.com](http://enroll207.com) connected Maine people to Navigators like Ashley for help signing up for health insurance on the Marketplace.

## 2016 ANNUAL REPORT

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## MESSAGE FROM THE BOARD CHAIR & PRESIDENT

### Promoting Access. Improving Health.

*The Maine Health Access Foundation's mission is to promote access to quality health care, especially for those who are uninsured and underserved, and improve the health of everyone in Maine.*

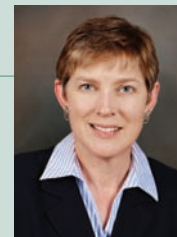
*MeHAF: Access to Health Care and Improved Health.* That's what we get if we boil down the MeHAF mission to a tweet. In 2000, when MeHAF was established, there was a strong belief that this abbreviated version was correct. That indeed, health care was the major contributor to health.

When we go beyond the Twitter version of the MeHAF mission, we see the other important elements: "quality," "uninsured and underserved," "everyone in Maine." Throughout the past decade-and-a-half, we have deepened our understanding that these other elements are essential if we hope to have success.

Increasingly, MeHAF's grantmaking and other programmatic activities foster work that addresses multiple elements of the mission all at the same time. The stories in this annual report feature innovative and effective examples of grantees whose work embraces this total-mission focus.



**Connie Sandstrom**  
CHAIR, BOARD OF TRUSTEES



**Barbara Leonard, MPH**  
PRESIDENT & CEO

Many changes occurred at MeHAF in 2016, but with no loss in our dedication to mission. We celebrated the accomplishments and fierce dedication of our founding President and CEO, Dr. Wendy J. Wolf, as she stepped down from her position. We also bid farewell to our talented long-time Senior Program Officer, Becky Hayes Boober. The foundation moves forward into 2017 with a new President and CEO and two new staff members, Senior Program Officer Ruta Kadonoff and Program Officer Kathryn Rouillard.

Our commitment – that of the Board of Trustees, Community Advisory Committee, and staff – remains steadfast. Our organizational changes bring new passion to our work. As we face new challenges such as the epidemic of opiate addiction and long-term issues such as ensuring quality care and better health for older people in Maine, we will continue to work with organizations across the state to *promote access to quality care and improve the health of everyone in Maine.*

## Learning from Those Who Are Uninsured and Underserved



A Mano en Mano staff member sits with a local Milbridge resident while conducting the 2016 Community Survey.

In the Washington County town of Milbridge, as in many other places across Maine, seasonal migrant workers play a vital role in the farming and aquaculture industries that bolster the economy. In 2005, Mano en Mano was incorporated to support these temporary workers, along with the growing community of former migrants who have chosen to make Downeast Maine their permanent home. Since then, Mano en Mano has worked collaboratively with partners to put community voice at the center of their programs and services.

With the help of a 2016 MeHAF discretionary grant, Mano en Mano continued this tradition by working with Colby College and other partners to design and implement a community survey to guide their future work. Through intensive door-to-door outreach by bilingual staff, the survey reached the households of more than 200 members of the year-round immigrant farmworker community.

The survey results have provided an unprecedented level of insight into the health status, economic impact, and community strengths and needs of this segment of the local population. This community input is guiding Mano en Mano's new strategic plan and improving the organization's ability to understand barriers and connect clients to essential health services.

## Responding to a Health Crisis that Impacts **Everyone** in Maine

**T**oday's opiate crisis has touched communities across our state. Mainers have seen family members, friends, neighbors, and colleagues affected in one way or another. Just as there is no "typical" person who struggles with opiate addiction, there is no "one-size fits all" response for every community.

With MeHAF support, Maine Medical Education Trust (MMET) facilitated 22 community forums across the state in 2016 to collect feedback about available and needed resources to support a comprehensive and sustainable response to the opiate crisis. In York County

alone, MMET held forums in Alfred, Biddeford, York, and Waterboro. The forums, which in total engaged 1,500 people and many local social service agencies, have ensured that community members who have been impacted by the crisis have a meaningful voice in shaping potential solutions.

The candid input of participants that was gathered through the MMET-facilitated



People from throughout York County and beyond gathered to discuss and seek solutions to the opioid prescription drug and heroin problem. Photo by Ioanna Raptis/Seacoastonline



York County Sheriff William King addresses approximately 75 people at the York Public Library for a community forum on Maine's opiate crisis. Photo by Ioanna Raptis/Seacoastonline

community forums informed the recommendations of the Maine Opiate Collaborative (MOC), a group that was charged with developing a cross-sector, multi-dimensional approach to the opiate crisis. In addition, their collective efforts were instrumental in the design of MeHAF's new Addiction Care program.



## Improving Health with Community Supports



In Dover-Foxcroft and across Piscataquis County, MeHAF grantees demonstrate the power of place-based, community-driven initiatives to create meaningful change and support healthy, vital lives. Piscataquis *Healthy Food for All, A Healthy Community Project* and the *Piscataquis Thriving in Place Collaborative Project* are bearing fruit here through the efforts of the grantee organizations, the Piscataquis Regional YMCA and the Charlotte White Center, along with their many partners.

By listening, comprehending and responding to community-identified priorities, these projects are weaving together a network of services and supports to effectively meet critical needs, including connecting people in geographically remote areas with sources of healthy food, and building collaborative solutions that enable elders and persons with disabilities or chronic conditions to continue living successfully in their homes and to engage as integral members of their community.

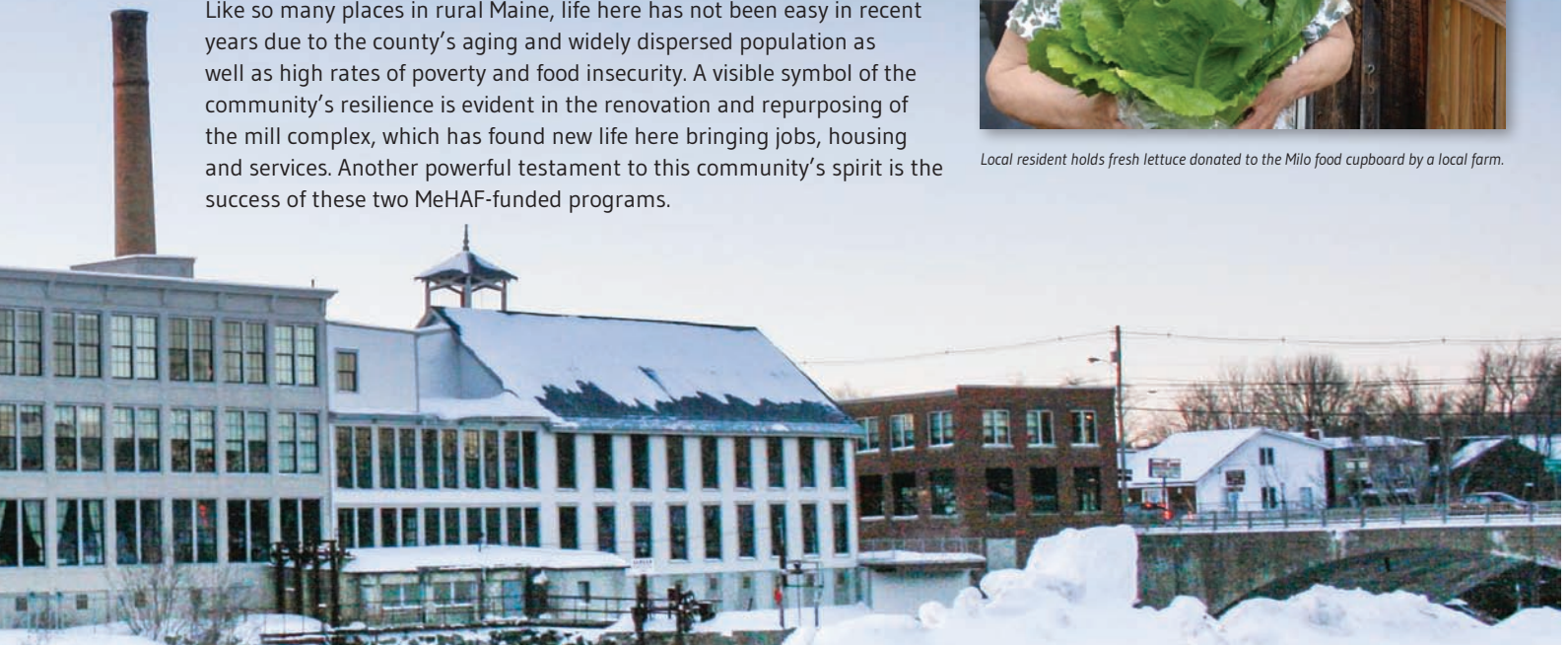


MeHAF is committed to learning from and working with communities across the state. When funding more than one grant in a particular community, we encourage cross-grantee collaboration to increase impact and accelerate results. Both of these grants required out-of-the-box approaches – grantee communities were called upon to identify innovative and creative ways to engage people who do not traditionally trust or seek services. Grantees reached out to one another and to new partners, learning where system gaps and duplication occur and gaining a more nuanced understanding of the needs of people in the communities they serve.

Like so many places in rural Maine, life here has not been easy in recent years due to the county's aging and widely dispersed population as well as high rates of poverty and food insecurity. A visible symbol of the community's resilience is evident in the renovation and repurposing of the mill complex, which has found new life here bringing jobs, housing and services. Another powerful testament to this community's spirit is the success of these two MeHAF-funded programs.



*Local resident holds fresh lettuce donated to the Milo food cupboard by a local farm.*



## enroll207.com – Promoting Access to Health Care Coverage

With the passage of the Affordable Care Act, MeHAF seized the opportunity to help thousands of uninsured and underserved people gain quality, affordable health coverage on the Health Insurance Marketplace.

To encourage Marketplace enrollment, MeHAF began working with Dirigo Design & Development in 2013 to create enroll207.com, a website that connected Maine people with Marketplace enrollment help in their communities. We then engaged Burgess Advertising & Marketing to build a comprehensive marketing campaign using TV, radio,

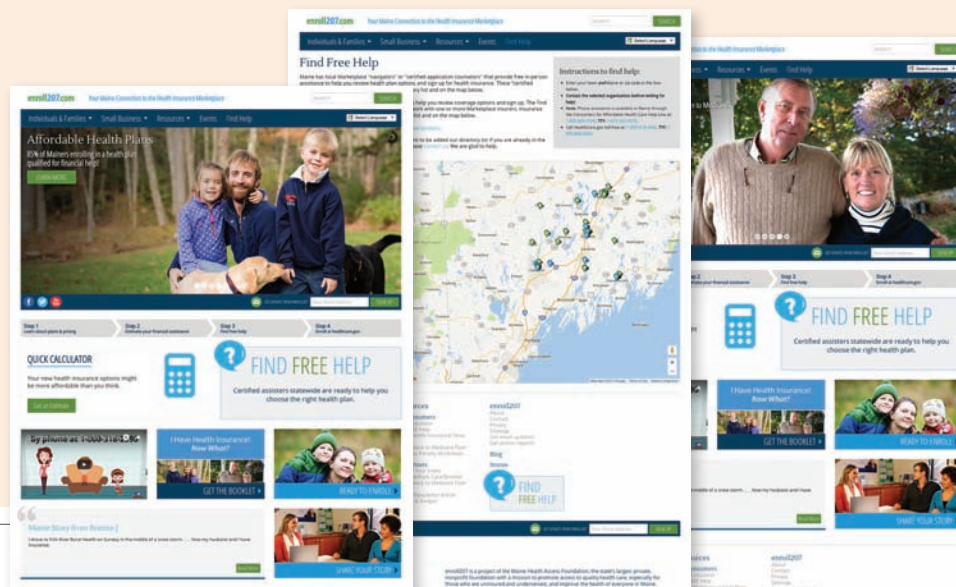
print and social media to spread the word about enroll207.com and the availability of affordable health plans.

The results? For the last three years, Maine has had some of the best enrollment numbers in the country with nearly 60% of eligible people enrolling in health plans on the Marketplace. While enroll207.com is not

entirely responsible for the state's enrollment success, we know it built a level of awareness that played an important role.

Marketing campaigns aren't usually associated with improving access to health care, but the enroll207.com campaign helped get thousands of Maine people covered so they could get the care they needed when they needed it.

**enroll207.com**  
Your Maine Connection to the Health Insurance Marketplace





## Advancing Quality Health Care through Peer Support



*“Our role as peers brings unique value to individuals in treatment that can help them be successful.”*

People in central Maine with mental illness benefit from a long-term collaboration among mental health agencies called Mid-Maine Behavioral Health<sup>[1]</sup> (MMBH). In 2014, MMBH received a MeHAF grant focused on supporting community mental health providers to participate as a “Behavioral Health Home,” a new MaineCare effort. Behavioral Health Homes create close linkages between mental health and primary care to ensure better-coordinated, more holistic care for individuals with mental illness.

A primary focus of MMBH’s project was to build meaningful and

sustainable peer involvement to improve the delivery of services. Peers themselves helped to identify “peer points” of involvement that would maximize their impact to complement the work of mental health professionals. “Our role as peers brings unique value to individuals in treatment that can help them be successful,” said Joyce Gilbert, a Peer Consultant who works with Crisis & Counseling and Kennebec Behavioral Health.

Peers have become part of the fabric of care provided by MMBH and its partners, and this new approach will continue into the future.

<sup>[1]</sup> Members of MMBH are Crisis & Counseling Centers, Kennebec Behavioral Health, Motivational Services and MaineGeneral

## Board of Trustees 2016

MeHAF's statewide Board of Trustees oversees the work of the foundation and its members serve as responsible stewards for the foundation's resources. The Board brings a wealth of expertise and experiences from leaders who represent the demographic, professional and philosophical diversity of Maine. In 2016, the Board welcomed Edward Miller, MEd, former Senior Vice President for Public Policy at American Lung Association of the Northeast and current policy consultant to American Lung Association in Maine.

**Constance Adler, MD, FAAFP**  
CHESTERVILLE

**Deborah Deatrick, MPH**  
FREEPORT

**Nancy Fritz**  
AUGUSTA

**Sara Gagné-Holmes, Esq.**  
READFIELD

**Roy Hitchings, Jr., FACHE**  
CAMDEN

**Frank Johnson**  
AUGUSTA

**Dennis King, FACHE**  
FREEPORT

**Anthony Marple, MBA**  
WHITEFIELD

**Edward Miller, MEd**  
HALLOWELL

**Bruce Nickerson, CPA**  
BANGOR

**Catherine Ryder, LCPC ACS**  
WINDHAM

**Constance Sandstrom, MPA**  
PRESQUE ISLE

**Lisa Sockabasin, BSN**  
GREENE

**Ted Sussman, MD, FACP**  
HOULTON

**Jeff Wahlstrom**  
BANGOR

**Shirley Weaver, PhD**  
KENNEBUNK

## Community Advisory Committee 2016

The foundation's statewide Community Advisory Committee (CAC) includes diverse individuals who advise the Board and staff on critical issues that align with MeHAF's mission. They provide thoughtful input into our periodic needs assessments and strategic planning efforts. With their extensive knowledge of and connections to MeHAF's priority population – people who are uninsured and medically underserved – CAC members bridge the foundation's statewide role to on-the-ground work in communities across Maine. In 2016, the CAC welcomed two new members(\*).

**Lisa Belanger, APRN**  
NORTH YARMOUTH

**Kate Brogan, JD**  
FREEPORT

**Gloria Aponte Clarke, MPH**  
PORTLAND

**Cynthia Freeman Cyr**  
DOVER-FOXCROFT

**Robert Davis**  
HARPSWELL

**Peter Driscoll\***  
TURNER

**Dennis Fitzgibbons**  
YARMOUTH

**Ann Gahagan, RN, BSN,  
MSN, CDE, BC-ADM, FNP-C**  
CARIBOU

**Holly Gartmayer-DeYoung**  
EASTPORT

**Meg Haskell**  
STOCKTON SPRINGS

**Philip Heywood**  
CAPE PORPOISE

**Dennis Marble**  
HAMPDEN

**Alan Monier**  
BRYANT POND

**Tezita Negussie, MPH, MSW**  
PORTLAND

**Hannah Pingree\***  
NORTH HAVEN

**Abdulkerim Said, BS,  
BHP, MHRTC-B, CAC**  
AUBURN

**Toho Soma, MPH**  
PORTLAND

**Meryl Troop**  
PORTLAND

**Richard "Skip" White**  
PORTLAND

**Marjorie Withers, LCPC**  
MACHIAS



## Access for All

ORGANIZATION NAME	PROJECT TITLE	2016 AMOUNT	TOTAL AWARD
<b>ACA HEALTH INSURANCE MARKETPLACE ENROLLMENT</b>			
Consumers for Affordable Health Care	Enroll ME: Connecting Maine's Remaining Uninsured to Health Coverage	\$40,000	\$40,000
Consumers for Affordable Health Care	Connecting Mainers to Coverage Through HelpLine Assistance	\$50,000	\$50,000
Healthy Community Coalition	Franklin's Health Insurance Marketplace Enrollment Initiative	\$21,333	\$21,333
Maine Access Immigrant Network	Enrollment for ME: Health Coverage for Maine's Refugees and Immigrants	\$30,000	\$30,000
Maine Association of Area Agencies on Aging	Marketplace-to-Medicare Outreach & Assistance	\$40,000	\$40,000
Maine Equal Justice Partners	Facilitating access to health care coverage and other assistance for Maine's immigrant populations	\$20,331	\$20,331
Maine Lobstermen's Community Alliance	Enrolling lobstermen, young adults and other coastal uninsured Mainers through the Health Insurance Marketplace	\$10,577	\$10,577
Maine Migrant Health Program	Increasing ACA Enrollment to Spanish- and Creole-speaking Migrant Seasonal Farm Workers, Immigrants and Low-wage Workers	\$40,000	\$40,000
MaineHealth, Access to Care	Expanding Health Insurance Marketplace Enrollment in Cumberland, Oxford and York County	\$29,854	\$29,854
New Mainers Public Health Initiative	Enhancing ACA Access for Lewiston/Auburn's New Mainers	\$13,000	\$13,000
Planned Parenthood of Northern New England	Southern Maine Enrollment Project	\$30,000	\$30,000
Waldo County General Hospital, CarePartners	Mid-Coast Marketplace Enrollment Initiative, 2016	\$29,356	\$29,356
Western Maine Community Action	WMCA Community Action Navigator Consortium	\$40,000	\$40,000
<b>ACA HEALTH INSURANCE MARKETPLACE ENROLLMENT - CONTRACTS/CONSULTANTS</b>			
Burgess Advertising & Marketing	enroll207.com Enrollment Campaign	\$268,308	\$2,125,518
David Chandrasekaran, Consultant	ACA Marketplace Enrollment Technical Assistance	\$953	\$953
Dirigo Design & Development	enroll207 and Website Maintenance Agreement	\$17,641	\$17,641
Pivot Point, Inc.	ACA Marketplace Enrollment Program	\$3,591	\$10,000
Rachel Lowe, Consultant	Health Insurance Marketplace Public Education Coordinator	\$4,765	\$4,765
<b>Total Grants and Contracts: ACA Health Insurance Marketplace Enrollment (18)</b>		<b>\$689,709</b>	<b>\$2,553,328</b>

## Access for All

ORGANIZATION NAME	PROJECT TITLE	2016 AMOUNT	TOTAL AWARD
<b>ACCESS TO QUALITY CARE (A2QC)</b>			
Franklin Memorial Hospital	Franklin CARES in 3D	\$89,353	\$223,476
MaineHealth	Improving Access to Behavioral Health Care in a Three-County Region	\$89,523	\$224,411
Mercy Hospital	Mercy's Expanded Medical Neighborhood	\$100,000	\$300,000
Penobscot Community Health Care	Bangor Area A2QC	\$90,000	\$225,000
<b>ACCESS TO QUALITY CARE (A2QC) - CONSULTANTS/CONTRACTS</b>			
Nonprofit Finance Fund	Advisory Services Support to Portland Community Health Center	\$18,400	\$79,285
<b>Total Grants and Contracts: Access to Quality Care (A2QC) (5)</b>		<b>\$387,276</b>	<b>\$1,052,172</b>
<b>ADVOCACY - HEALTH REFORM</b>			
Consumers for Affordable Health Care	Giving a Voice to the Voiceless in Administrative Advocacy in Maine	\$20,000	\$245,000
Maine Center for Economic Policy	Delivering on the ACA's Promise of Affordable Health Care for Low-income Mainers	\$20,000	\$225,000
Maine Equal Justice Partners	Advancing Health Reform through Administrative Advocacy	\$20,000	\$244,042
Maine Medical Education Trust	Ensuring Priority Populations Have Access to Meaningful Health Coverage through Implementation of the ACA in Maine	\$20,000	\$220,963
Maine People's Resource Center	ACA Grassroots Leaders Project	\$20,000	\$170,000
Maine Primary Care Association	Building Community and Business Partnerships for Medicaid Expansion	\$17,228	\$66,103
<b>ADVOCACY - OTHER</b>			
Maine Children's Alliance	Strengthening Maine's Home Visiting System	\$15,000	\$15,000
<b>Total Grants and Contracts: Advocacy (7)</b>		<b>\$132,228</b>	<b>\$1,186,108</b>

## Access for All

ORGANIZATION NAME	PROJECT TITLE	2016 AMOUNT	TOTAL AWARD
<b>ADVOCACY CAPACITY BUILDING</b>			
Consumers for Affordable Health Care	2016 Advocacy Capacity Building with Nonprofit Finance Fund	\$15,000	\$15,000
Disability Rights Maine	2016 Advocacy Capacity Building with Nonprofit Finance Fund	\$15,000	\$15,000
Maine Children's Alliance	2016 Advocacy Capacity Building with Nonprofit Finance Fund	\$15,000	\$15,000
Maine Coalition Against Sexual Assault	2016 Advocacy Capacity Building with Nonprofit Finance Fund	\$15,000	\$15,000
Maine Equal Justice Partners	2016 Advocacy Capacity Building with Nonprofit Finance Fund	\$15,000	\$15,000
Maine Primary Care Association	2016 Advocacy Capacity Building with Nonprofit Finance Fund	\$15,000	\$15,000
Maine Women's Policy Center	2016 Advocacy Capacity Building with Nonprofit Finance Fund	\$15,000	\$15,000
<b>ADVOCACY CAPACITY-BUILDING CONSULTANTS/CONTRACTS</b>			
Nonprofit Finance Fund	Advocacy Organization Capacity Building Program	\$180,858	\$211,633
<b>Total Grants and Contracts: Advocacy Capacity-Building (8)</b>		<b>\$285,858</b>	<b>\$316,633</b>
<b>ORAL HEALTH-STRENGTHENING SAFETY NET DENTAL PRACTICES IN MAINE</b>			
Bucksport Regional Health Center	Strengthening Safety Net Dental Practices in Maine	\$2,500	\$5,000
Community Dental - Biddeford	Strengthening Safety Net Dental Practices in Maine	\$2,500	\$5,000
Community Dental - Portland	Strengthening Safety Net Dental Practices in Maine	\$2,500	\$5,000
Maine Coast Healthcare Corporation, Maine Coast Community Dental Clinic	Strengthening Safety Net Dental Practices in Maine	\$2,500	\$5,000
Sebasticook Family Doctors	Strengthening Safety Net Dental Practices in Maine	\$2,500	\$5,000
Waldo County General Hospital, Waldo County Dental Care	Strengthening Safety Net Dental Practices in Maine	\$2,500	\$5,000
<b>ORAL HEALTH-IMPLEMENTATION</b>			
Bucksport Regional Health Center	Building the Capacity of Bucksport's Oral Health Safety Net through the Integration of Service Delivery to Underserved Patients	\$24,000	\$24,000



## Access for All

ORGANIZATION NAME	PROJECT TITLE	2016 AMOUNT	TOTAL AWARD
Community Dental	Improving the Oral Health Safety Net through Increased Access to Care	\$49,568	\$49,568
Penobscot Community Health Care, PCHC Dental Center	PCHC Full Implementation of Dentrix EMR	\$25,000	\$25,000
Sebastcook Family Doctors	SFD Dental Assistant Capacity Enhancement	\$25,000	\$25,000
Waldo County General Hospital, Waldo County Dental Care	WCDC Capacity Building Grant	\$25,000	\$25,000

## ORAL HEALTH-OTHER

Maine Community Foundation	Maine Oral Health Funders Collaborative Grant Program	\$101,000	\$101,000
Portland Community Health Center	Greater Portland Health and Safety Net Solutions Oral Health Collaboration	\$21,189	\$21,189
USM/Edmund S. Muskie School of Public Service, Cutler Institute for Health and Social Policy	SmilePartners Pilot - Economic Evaluation & Business Plan	\$15,000	\$15,000

## ORAL HEALTH - CONSULTANTS/CONTRACTS

Belinda Borrelli, PhD	Motivational Interviewing for Oral Health	\$5,481	\$5,481
Erin Tooley, PhD	Motivational Interviewing for Oral Health	\$1,542	\$1,542
Nautilus Public Health	Maine Oral Health Funders Consultant	\$51,739	\$51,739

## Total Grants and Contracts: Oral Health (17)

\$359,519 \$374,518

## RURAL HEALTH

Central Maine Healthcare Corp.	CMH Rural Health Transformation Initiative	\$75,000	\$75,000
Health Access Network, Inc. (HAN)	Rural Healthcare Integration Planning Collaborative	\$30,000	\$30,000
Healthy Acadia	Washington County Substance Use Response Initiative	\$75,000	\$75,000
Mayo Regional Hospital - Mayo Community Outreach	Piscataquis Healthcare Collaborative	\$30,000	\$30,000

(Rural Health is continued on the next page.)

## Access for All

ORGANIZATION NAME	PROJECT TITLE	2016 AMOUNT	TOTAL AWARD
<b>RURAL HEALTH</b> <i>(Continued from the previous page.)</i>			
Pines Health Services - Aroostook County Health Network	Rural Health Network Development - Continuum of Care Coordination in Aroostook County	\$30,000	\$30,000
<b>RURAL HEALTH - CONSULTANTS/CONTRACTS</b>			
Carole Martin, Consultant	Technical Support for Rural Health Initiative	\$1,401	\$1,401
The Write Approach	Rural Health Conference Communications Materials	\$5,000	\$5,000
USM/Edmund S. Muskie School of Public Service, Cutler Institute for Health and Social Policy	Rural Health Data Compilation and Reporting Project	\$15,732	\$44,929
USM/Edmund S. Muskie School of Public Service, Cutler Institute for Health and Social Policy	Innovations in Rural Health System Development	\$27,592	\$27,592
<b>Total Grants and Contracts: Rural Health (9)</b>		<b>\$289,725</b>	<b>\$318,922</b>
<b>POLICY/DATA AND SURVEY RESEARCH - CONTRACTS/CONSULTANTS</b>			
GfK Custom Research, LLC	Maine Supplement to the Health Reform Monitoring Survey (HRMS)	\$17,750	\$35,500
USM/Edmund S. Muskie School of Public Service, Cutler Institute for Health and Social Policy	Analysis of Maine HRMS and BRFSS Data to Monitor Coverage and Access to Care	\$9,356	\$14,569
<b>Total Grants and Contracts: Policy/Data and Survey Research (2)</b>		<b>\$27,106</b>	<b>\$50,069</b>
<b>TOTAL GRANTS AND CONTRACTS: ACCESS FOR ALL (65)</b>		<b>\$2,171,422</b>	<b>\$5,851,751</b>

## Better Care

### THRIVING IN PLACE (TIP)

Aroostook Area Agency on Aging, Inc.	Thriving in Place across the Continuum of Care - Aroostook Plan	\$69,251	\$252,250
Bucksport Bay Healthy Communities Coalition	Bucksport Bay Area Thriving in Place	\$57,627	\$220,144

## Better Care

ORGANIZATION NAME	PROJECT TITLE	2016 AMOUNT	TOTAL AWARD
Charlotte White Center	Piscataquis Thriving in Place Collaborative Project	\$100,000	\$300,000
Eastern Area Agency on Aging	MOOV (Towns of Milford, Old Town, Orono, and Veazie) Penobscot TiP Project	\$99,979	\$299,820
Maine Association of Area Agencies on Aging	Tri-State Learning Collaborative on Aging (TSLCA)	\$21,129	\$38,693
Millinocket Regional Hospital	Thrive Penobscot	\$100,000	\$300,000
SeniorsPlus	Franklin County Elders in Action	\$94,766	\$273,153
Washington Hancock Community Agency	Washington County Thriving in Place	\$100,000	\$300,000
Washington Hancock Community Agency, Healthy Peninsula	Thriving in Place Downeast	\$100,000	\$300,000
York County Community Action Corporation	YCCAC Thriving in Place (HOME Project)	\$99,230	\$299,084
<b>Total Grants and Contracts: Thriving in Place (TiP) (10)</b>		<b>\$841,982</b>	<b>\$2,583,144</b>
<b>SUBSTANCE USE DISORDER</b>			
Maine Medical Education Trust	Opioid Task Force	\$50,000	\$50,000
Maine Medical Education Trust	Reducing Harm and Addiction from Opiate Misuse	\$39,330	\$39,330
Maine Quality Counts	Caring for ME: Supporting Maine Clinicians to Improve Safe Opioid Prescribing and Addiction Treatment	\$49,981	\$49,981
<b>Total Grants and Contracts: Substance Use Disorder (3)</b>		<b>\$139,311</b>	<b>\$139,311</b>
<b>INTEGRATED CARE/BEHAVIORAL HEALTH HOMES - CONSULTANTS/CONTRACT</b>			
Maine Behavioral Healthcare	Integrated Care Reimbursement and Sustainability Contract	\$15,000	\$15,000
<b>Total Grants and Contracts: Integrated Care/Behavioral Health Homes (1)</b>		<b>\$15,000</b>	<b>\$15,000</b>
<b>TOTAL GRANTS AND CONTRACTS: BETTER CARE (14)</b>		<b>\$996,293</b>	<b>\$2,737,455</b>



## Improved Health

ORGANIZATION NAME	PROJECT TITLE	2016 AMOUNT	TOTAL AWARD
<b>HEALTHY COMMUNITIES</b>			
Aroostook Band of Micmacs	Netukulimk Community Health and Wellness	\$67,500	\$187,500
Aroostook County Action Program, Inc., ACAP Community Services	Healthy Houlton	\$67,500	\$187,500
City of Bangor, Health & Community Services	Greater Bangor/Brewer Healthy Communities through Recovery Coaching and Collaboration	\$67,500	\$187,500
Healthy Community Coalition	Franklin County's HOPE (Health Opportunities through Poverty Elimination) for the Future	\$67,500	\$187,500
MaineGeneral Health, Healthy Northern Kennebec	Healthy Waterville: Increasing Community Connections and Access to Healthy Food for All	\$67,500	\$187,500
Penobscot Bay YMCA	Voices From Knox County . . . Working Together for a Healthy Community	\$67,500	\$187,500
Piscataquis Regional YMCA	Piscataquis Healthy Food for All	\$65,334	\$185,334
Redington-Fairview General Hospital, Somerset Public Health	Achieving Better Health In Jackman, Maine: The Aging Project	\$67,499	\$187,499
The Opportunity Alliance, Public Health Program	Healthy Youth - Healthy Lake Region	\$67,500	\$187,500
Western Maine Community Action	Healthy Neighborhoods - Lewiston Auburn	\$67,500	\$187,500
Western Maine Health Care Corporation	Infusing Social Capital Development to Increase Effectiveness of Community Interventions	\$67,500	\$187,500
<b>HEALTHY COMMUNITIES - CONSULTANTS/CONTRACTS</b>			
Carole Martin, Consultant	Technical Support for MeHAF's Healthy Community Grants	\$14,201	\$14,201
Maine Health Policy dot Info	Update Community Health Indicators Users Guide	\$1,175	\$5,000
S.E. Foster	MeHAF's Community-Based Initiatives - An Evaluation Plan	\$83,950	\$249,842
<b>Total Grants and Contracts: Healthy Communities (14)</b>		<b>\$839,659</b>	<b>\$2,329,376</b>
<b>TOTAL GRANTS AND CONTRACTS: IMPROVED HEALTH (14)</b>		<b>\$839,659</b>	<b>\$2,329,376</b>

## Other Funding

ORGANIZATION NAME	PROJECT TITLE	2016 AMOUNT	TOTAL AWARD
<b>LEADERSHIP DEVELOPMENT</b>			
Blue Cross Blue Shield of Massachusetts Foundation, Inc.	2016 Health Coverage Fellowship	\$18,500	\$18,500
Daniel Hanley Center for Health Leadership	Building Health Leadership Capacity Among Maine's Racial and Ethnic Minority Populations	\$36,916	\$73,832
Maine Community Foundation	People of Color Fund: Supporting Health and Health Care in Maine's Communities of Color	\$28,300	\$28,300
Maine Development Foundation	2016 Policy Leaders Academy	\$14,400	\$14,400
Maine Development Foundation	2017-2018 Policy Leaders Academy	\$30,000	\$30,000
<b>Total Grants: Leadership Development (5)</b>		<b>\$128,116</b>	<b>\$165,032</b>
<b>DISCRETIONARY GRANTS</b>			
Aroostook County Action Program, Inc.	ACAP Oral Health Portable Dental Unit	\$5,772	\$5,772
Community Clinical Services	Enhancing Access to Medical, Behavioral and Oral Health Care in Greater Lewiston/Auburn	\$10,000	\$10,000
Community Dental	Integrated Underserved Learning & Care Collaborative	\$10,000	\$10,000
Consumers for Affordable Health Care	Connecting Kids to Coverage Program	\$5,000	\$5,000
Gedakina	Pathfinders / Wilderness Medicine Project	\$5,000	\$5,000
Hand In Hand/Mano En Mano	2016 Community Survey	\$6,130	\$6,130
Hospice of Southern Maine	2016 Thresholds Conference Community Forums: "End of Life Conversations: What to Say and Do"	\$5,000	\$5,000
Husson University	Medications for Mainers	\$3,640	\$3,640
Independence Association	Behavioral Health Communication and Technology Initiative	\$4,116	\$4,116
Kennebec Valley Dental Coalition, Inc. d/b/a Waterville Community Dental Center	Expansion of Care	\$2,676	\$2,676
Maine Behavioral Health Foundation	Project Pleiades	\$9,950	\$9,950
Maine Center for Public Interest Reporting	Maine Families Project	\$5,000	\$5,000
Maine Development Foundation	Reaching Teens Institute: Building Resilience	\$7,500	\$7,500

(Discretionary Grants is continued on the next page.)

## Other Funding

ORGANIZATION NAME	PROJECT TITLE	2016 AMOUNT	TOTAL AWARD
<b>DISCRETIONARY GRANTS</b> <i>(Continued from the previous page.)</i>			
Maine Hospice Council, Inc.	Palliative Care In Maine: Prevalence, Composition, Utilization, Access	\$8,080	\$8,080
Maine Initiatives	Ethnic Community Based Organization (ECBO) Capacity Building Technical Assistance Mini-Grants	\$10,000	\$10,000
Maine Quality Counts	QC 2016 Taking it to the Streets - Building Clinical and Community Connections	\$7,500	\$7,500
Massachusetts General Hospital/Lunder-Dineen Health Education Alliance of Maine	MOTIVATE: Maine's Oral Team-Base Initiative Vital Access to Education Program	\$10,000	\$10,000
NAMI Maine	Mental Health System Reform	\$7,500	\$7,500
Oasis Health Network, Inc.	Community Needs Assessment	\$5,000	\$5,000
Penobscot Community Health Care	Enhancing Chronic Care Management at PCHC	\$3,000	\$3,000
Portland Community Health Center	Greater Portland Health LGBTQ Initiative	\$8,750	\$8,750
Teens To Trails (a/k/a T3)	Developing School Assessment Tool: Improving Teen Health through Outing Clubs	\$5,590	\$5,590
USM/Edmund S. Muskie School of Public Service, Cutler Institute for Health and Social Policy	Career Pathways for Opportunity Youth: Community Engagement Phase	\$5,000	\$5,000
Upper Kennebec Valley Ambulance Service	Cell Phone Mobile Gateway Project	\$1,350	\$1,350
<b>Total Grants: Discretionary Grants (24)</b>		<b>\$151,554</b>	<b>\$151,554</b>

### MEETING SUPPORT

Amistad, Inc.	2nd Annual Peer Support Specialist Network of Maine Statewide Event	\$1,500	\$1,500
Aroostook County Action Program, Inc.	Growing a Resilient Aroostook: Take 2	\$1,000	\$1,000
Cary Medical Center	Caregiver Celebration	\$1,000	\$1,000
Down East AIDS Network	2016 Maine Minority Health Conference	\$1,500	\$1,500
Maine Association of Area Agencies on Aging	Tri-State Summit on Aging	\$1,000	\$1,000
Maine Chapter, American Academy of Pediatrics	Connections to Serve ME Children/Critical Issues in Adolescent Mental Health – Engaging Appropriate Care/Models Depression, Anxiety, Self-Injury, Suicide	\$2,000	\$2,000
Maine Children's Alliance	Social Emotional Learning and Development Meeting	\$1,000	\$1,000

## Other Funding

ORGANIZATION NAME	PROJECT TITLE	2016 AMOUNT	TOTAL AWARD
Maine Council On Aging	2016 Maine Aging Summit	\$2,000	\$2,000
Maine Health Management Coalition Foundation	Maine Health Management Coalition and Maine Medical Association Symposium	\$2,000	\$2,000
MemoryWorks	Aging, Dementia and Other Costs of Aging in Maine	\$2,000	\$2,000
National Association for Rural Mental Health	2016 Annual Conference For Rural Mental Health	\$2,000	\$2,000
North Haven Sustainable Housing	Aging on Islands	\$2,000	\$2,000
University of Maine, Center on Aging	The Eleventh Annual University of Maine Clinical Geriatrics Colloquium: Healthy Relationships in Later Life	\$2,000	\$2,000
University of New England	26th Annual Maine Geriatrics Conference	\$2,000	\$2,000
<b>Total Grants: Meeting Support (14)</b>		<b>\$23,000</b>	<b>\$23,000</b>

### CHARITABLE GIFTS

Lift360	Charitable Gift - Evaluation Community of Practice	\$6,000	\$6,000
Maine Association of Nonprofits	Charitable Gift - 2015 Adding Up Impact Report	\$1,500	\$1,500
Maine Children's Alliance	Charitable Gift in Recognition of Board Service	\$500	\$500
Maine Community Foundation	Substance Use Disorder Initiative Fund	\$10,000	\$10,000
Maine Conservation Alliance	Charitable Gift in Recognition of Board Service	\$500	\$500
Maine Migrant Health Program	Charitable Gift in Recognition of Board Service	\$500	\$500
The Center for Effective Philanthropy	Leading Effective Foundations - The CEP Conference	\$5,000	\$5,000
United Way of Greater Portland	Charitable Gift - Early Childhood Funders Group	\$3,000	\$3,000
<b>Total Grants: Charitable Gifts (8)</b>		<b>\$27,000</b>	<b>\$27,000</b>

### TOTAL GRANTS AND CONTRACTS: IMPROVED HEALTH (14)

\$329,670

\$366,586

### TOTAL GRANTS, CONTRACTS AND GIFTS (145)

\$4,337,043



# STATEMENT OF FINANCIAL POSITION

2016 Unaudited

2015

## ASSETS

General fund cash and cash equivalents	57,736	340,299
Accounts receivable	1,575	3,996
Funds due from broker	---	10,101,821
General fund investments, fair value	114,543,290	101,286,406
Program-related investments	350,000	350,000
Prepaid income taxes	55,000	55,000
Prepaid expenses and deposits	59,490	229,551
Property and equipment - net	27,562	39,261
<b>Total Assets</b>	<b>115,094,653</b>	<b>112,406,334</b>

## LIABILITIES AND NET ASSETS

### Liabilities

Grants payable	2,173,277	1,442,219
Deferred tax liability	312,000	312,000
Accounts payable and accrued liabilities	156,578	45,973
<b>Total Liabilities</b>	<b>2,641,855</b>	<b>1,800,192</b>

### Net Assets

Unreserved Fund Balance	112,452,798	110,606,143
<b>Total Net Assets</b>	<b>112,452,798</b>	<b>110,606,143</b>
<b>Total Liabilities &amp; Net Assets</b>	<b>115,094,653</b>	<b>112,406,334</b>



## Statement of Activities and Changes in Net Assets

	2016 Unaudited	2015
<b>SUPPORT AND REVENUES</b>		
Investment returns (losses), net of fees	9,008,563	(4,817,686)
Contributions	37,000	43,250
Other income: miscellaneous	19,727	18,943
<b>Total Support &amp; Revenue</b>	<b>9,065,290</b>	<b>(4,755,493)</b>
<b>EXPENSES</b>		
Grants and program expenses, net of refunds of unspent amounts	4,257,003	3,285,099
Administrative expenses	2,713,957	2,613,809
Depreciation	16,675	20,045
Excise tax expense (benefit)	231,000	(77,323)
<b>Total Expenses</b>	<b>7,218,635</b>	<b>5,841,630</b>
<b>Change in net assets</b>	<b>1,846,655</b>	<b>(10,597,122)</b>
<b>MeHAF Net Assets, January 1</b>	<b>110,606,143</b>	<b>121,203,265</b>
<b>MeHAF Net Assets, December 31</b>	<b>112,452,798</b>	<b>110,606,143</b>

### Consultants

#### AUDITORS

Jeff Skaggs, CPA – Principal  
Julie Paquette, CPA – Audit Senior Manager  
Baker Newman Noyes

#### TAX ACCOUNTANT

Drew Cheney, CPA  
Baker Newman Noyes

#### GENERAL COUNSEL

Elizabeth M. Sellers, Esq.  
Bernstein Shur

#### INVESTMENT ADVISORS

Gregory C. Johnson, CFA – Managing Principal  
Michael D. Soares, CFA – Principal/Consultant  
Ian D. MacPherson, CFA – Consultant  
Prime Buchholz

*Note: The Board of Trustees engages the firm of Baker Newman Noyes of Portland, Maine, to perform the annual audit. To obtain a copy of our audit report, visit our website.*

### MeHAF Staff

Margo Beland – Finance Manager  
Becky Hayes Boober, PhD – Senior Program Officer  
Charles Dwyer – Program Officer I  
Jake Grindle – Program Officer I  
Morgan Hynd – Program Officer II  
Holly Irish – Program & Communications Assistant  
Ruta Kadonoff, MA, MHS – Senior Program Officer  
Dani Kallian – Executive Assistant  
Barbara Leonard, MPH – (Jan-Sept) Vice President for Programs, (Oct-Dec) President & CEO  
Catherine Luce, MBA – Director of Grants Management  
Kathryn Rouillard, MPA – Program Officer I  
Wendy Wolf, MD, MPH – (Jan-Sept) President & CEO

*Note: The staff list includes all who worked at MeHAF in 2016.*

# MEHAF

MAINE HEALTH ACCESS FOUNDATION

PROMOTING ACCESS. IMPROVING HEALTH.