



We  
envision a  
Maine...

**MEHAF**  
MAINE HEALTH ACCESS FOUNDATION



2017 ANNUAL REPORT

eq·ui·ty lekwiṭē  
noun (pl. -ties)

1 the quality of being just  
and fair: *equity of treatment.*

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## MESSAGE FROM THE BOARD CHAIR & PRESIDENT



**Barbara Leonard, MPH**  
PRESIDENT & CEO

**Ted Sussman, MD, FACP**  
CHAIR, BOARD OF TRUSTEES

### Reflections on Equity

MeHAF's Board, Community Advisory Committee, and staff spent much of the past year learning more about equity. We have a deeper understanding of how systems in our society often support those with the greatest access to resources. We also have looked at MeHAF's own systems to find ways in which we can better advance equity in our grantmaking, program activities, and leadership.

*MeHAF works across services, systems, and sectors to achieve fair and just health outcomes for all people.*

MeHAF's mission is to promote access to quality health care, *especially for those who are uninsured and*

*underserved*, and to improve the health of everyone in Maine. To achieve that mission, we must consider and address the circumstances and life experiences people contend with as they seek access to care and good health. We must place priority on supporting people and communities who experience the greatest barriers, and we must help the health care system to do the same.

In this annual report, you will see how some of our 2017 grants and program activities have addressed inequity in multiple ways. As we move into 2018, we look forward to working with current and new partners to achieve our vision of a Maine where all people and communities are healthy and well.

## We envision a **Maine** where transgender care is a routine part of reproductive health and accessible in one's home community.

**M**aine Family Planning (MFP) Nurse Practitioners Sara Hayes and Meredith Hunt provide transgender health services to 200 patients, some of whom travel 3-6 hours to access their care. According to Hunt, this is due to a shortage of providers who know how to provide competent and confident gender-affirmative health care for people who are transgender and gender non-conforming.

In 2017, MFP received a MeHAF grant to support increased access to transgender health services by expanding the number of qualified nurse practitioners. The two newly trained clinicians will be based in Presque Isle and Bangor. MFP also continues to leverage telehealth resources to make services available in their 18 clinics throughout the state.

According to the National Center for Transgender Equality's U.S. Transgender Survey (2015), 43% of Maine respondents who saw a health care provider in the past year reported at least one negative experience. MFP is working to change this statistic by actively training their staff on transgender health issues. Hayes states,



"I am proud of the fact that transgender and gender non-conforming people can access these services at a center not too far from their home and can feel safe and well cared for by the clinicians at MFP."

*Maine Family Planning nurse practitioners at the Fenway Transgender Health Conference in October 2017: Left to right in the photo: Lindsey Piper, Julie Jenkins, Priscilla Perry, Sara Hayes, Meredith Hunt, Christina Theriault.*

EXIT

ER-19

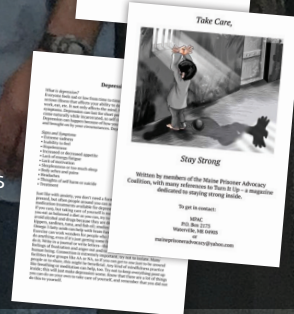
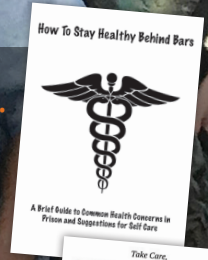
NAACP executive committee members and MPAC supporters meet to celebrate Black History Month.

## We envision a **Maine** where people of color have equitable access to health care.

**T**he People of Color Fund (POCF) was established by the Maine Community Foundation (MaineCF) in 2009 to help communities of color achieve greater racial equity in Maine. The POCF initially had two focus areas: youth and economic opportunity. MeHAF worked with MaineCF in 2013 to add health as a third focus area and continues to provide funding support to ensure health remains a priority for the POCF.

Through the POCF, MeHAF has supported the work of the Maine Prisoner Advocacy Coalition (MPAC) which is comprised of Maine prisoners, their friends and families,

victims of crime, and others committed to ethical, positive, and humane changes in Maine's prison system. MeHAF support has contributed to the development of educational materials for people of color who are incarcerated. The materials outline prisoners' rights to medical care within the corrections system, questions to ask about their health care, and common conditions they should be screened for. MPAC also works closely with the Department of Corrections to address the mental health and substance use recovery needs of inmates and is working to address the needs of female prisoners of color, which is the fastest growing population of prisoners in Maine and the nation.



# We envision a **Maine** where all people and communities are healthy and well.



In 2017, MeHAF embarked on a journey to place a shared understanding and commitment to equity at the center of our work. For us, building equity is a proactive, strategic approach to improving outcomes that accounts for the structural differences in opportunities, burdens, and needs experienced by different groups of people.

We realized from the start that we must begin with an honest examination of ourselves, as individuals and as an organization, through a lens of equity. To guide us, we formed an equity subcommittee comprised of members of our Board and Community Advisory Committee (CAC). The subcommittee did a lot of homework, planned and participated in a full-day training on equity issues with the entire Board, CAC, and staff, and worked with consultants to conduct an internal assessment, examining our grantmaking and other activities.

We also recognized that we need to learn from communities with experiences and expertise in advancing equity. Members of MeHAF's staff and equity subcommittee visited with more than a dozen organizations rooted in communities across the state to learn how we could be better partners to achieve

equitable health outcomes (see text box). The people we met with shared invaluable insights and wisdom that helped us to dive deeply into health equity issues facing communities of color, LGBTQ+ communities, veterans, and people living with disabilities or experiencing homelessness across our state. These conversations helped us understand how funders may unintentionally disadvantage community-centered efforts to achieve equity. They provided concrete ideas about how MeHAF could adjust strategies to avoid those pitfalls.

These activities shaped a new plan for more equitable practices across all the foundation's work, which includes a new

grants program to build the capacity of community-led nonprofits. The plan is also driving improvements to MeHAF's grant application and review processes, as well as our communication strategies and our internal operations and culture.

In order to foster solutions that fulfill the promise of equity in access to health care and in health outcomes, we are stepping forward to address the ways race, gender, sexual orientation, disability, geography, and other factors impact people across our state. We are in the early days of our equity journey, but we are excited about the path we are on and we are committed to serving as strong partners in creating a more equitable Maine.



All photos courtesy of Healthy Androscoggin, Maine Mobile Health Program, Preble Street, Wabanaki Public Health, and Disability Rights Maine.

## COMMUNITY CONVERSATION PARTNERS

- Disability Rights Maine-Deaf Rights Group** | Portland
- Equality Maine** | Portland
- Health Equity Alliance** | Bangor
- Healthy Androscoggin** | Lewiston
- Immigrant Resource Center of Maine** | Lewiston
- Maine Access Immigrant Network** | Portland
- Maine Family Planning** | Lewiston
- Maine Immigrant and Refugee Services** | Lewiston
- Maine Migrant Health Program** | Augusta
- Mano en Mano** | Milbridge
- New Mainers Public Health Initiative** | Lewiston
- Preble Street** | Portland
- Wabanaki Public Health** | Orono

## We envision a **Maine** with equitable access to health services in rural areas.

**M**aine's rural residents, like rural people nationally, are generally poorer, older, sicker, and have higher rates of chronic illness, substance use disorder and mental illness, and greater barriers to accessing services than non-rural residents. In 2012-14, Washington County observed on average 19.7 drug related overdose deaths per 100,000 residents per year, the highest in the State. Yet local alcohol and drug detox and treatment services are severely limited.

In 2017, MeHAF awarded a grant to the Washington County Substance Use Response Initiative, a multi-sector effort co-led by Healthy Acadia, Eastport Health Care, and Aroostook Mental Health Care. Among their objectives, they sought to increase access by bringing all voices to the table, coordinating and improving existing programs and treatment systems, and launching new systems of care, such as community detox, recovery coaching, recovery in jails, and reintegration support. The initiative illustrates the proactive steps grantees are taking to improve residents' health and well-being and bring equitable access to their rural communities.

*The Washington County Community Action Team (CAT) is pictured at a Recovery Walk event in September 2017. The CAT is a group of local volunteers who are working to create positive change by increasing awareness of substance use disorders, reducing stigma, and supporting community members seeking treatment and recovery.*





## We envision a **Maine** that is free of stigma toward people with substance use disorder.

**A**cross our state, we see the devastating impacts of the opiate crisis. In rural areas it is, perhaps, what we do not see that is most troublesome. In places like Franklin County, which has the fifth lowest population density in Maine, stigma stands in the way of people with substance use disorder (SUD) being able to access recovery support services. According to Tracy Harty, Senior Program Director/Nurse Navigator for Healthy Community Coalition (HCC), “people struggling with addiction living in rural areas are afraid to come forward.” As a result, their need for treatment remains invisible.

With support from MeHAF for their R.A.C.E. (Rural Addiction Care Expansion) to Recovery project, HCC and its partners are working to expand access to medication-assisted treatment for people with SUD. One of their priority strategies in 2017 was to educate primary care providers that addiction can be managed like any other chronic disease and that people with SUD, many of whom are already their patients, once stabilized, can receive treatment in a primary care setting.



Harty says more people are opening their hearts and minds to see individuals with SUD as their friends, neighbors, and co-workers—not as “others” or “addicts.” The race to recovery continues...

*HCC is partnering with Evergreen Behavioral Services to facilitate referrals once clients graduate from its intensive outpatient program (IOP) and are able to transition to a primary care setting for continued treatment for substance use disorder. Left to right in the photo: Amanda Ricci, CADC (IOP facilitator), Arthur Dingley, DO (prescribing psychiatrist), and Andrea Bradford, CADC (IOP facilitator).*

## BOARD OF TRUSTEES 2017

MeHAF's statewide Board of Trustees oversees the work of the foundation and its members serve as responsible stewards for the foundation's resources. The Board brings a wealth of expertise and experiences from leaders who represent the demographic, professional and philosophical diversity of Maine.

**Constance Adler, MD, FAAFP**  
CHESTERVILLE

**Deborah Deatrick, MPH**  
FREEPORT

**Nancy Fritz**  
AUGUSTA

**Sara Gagné-Holmes, Esq.**  
READFIELD

**Roy Hitchings, Jr., FACHE**  
CAMDEN

**Frank Johnson**  
AUGUSTA

**Dennis King, FACHE**  
FREEPORT

**Anthony Marple, MBA**  
WHITEFIELD

**Edward Miller, MSW**  
HALLOWELL

**Bruce Nickerson, CPA**  
BANGOR

**Catherine Ryder, LCPC ACS**  
WINDHAM

**Constance Sandstrom, MPA**  
PRESQUE ISLE

**Lisa Sockabasin, BSN**  
GREENE

**Ted Sussman, MD, FACP**  
HOULTON

**Shirley Weaver, PhD**  
KENNEBUNK

## COMMUNITY ADVISORY COMMITTEE 2017

The foundation's statewide Community Advisory Committee (CAC) includes diverse individuals who advise the Board and staff on critical issues that align with MeHAF's mission. They provide thoughtful input into our periodic needs assessments and strategic planning efforts. With their extensive knowledge of and connections to MeHAF's priority population – people who are uninsured and medically underserved – CAC members bridge the foundation's statewide role to on-the-ground work in communities across Maine. In 2017, the CAC welcomed six new members\*.

**Thomas Bartol\*, NP**  
MANCHESTER

**Lisa Belanger, APRN**  
NORTH YARMOUTH

**Kate Brogan, JD**  
FREEPORT

**Jacqui Clark\***  
HALLOWELL

**Gloria Aponte Clarke, MPH**  
PORTLAND

**Cynthia Freeman Cyr**  
DOVER-FOXCROFT

**Robert Davis**  
HARPSWELL

**Norma Desjardins\*, DMD**  
VAN BUREN

**Deqa Dhalac\***  
SOUTH PORTLAND

**Dennis Fitzgibbons**  
YARMOUTH

**Ann Gahagan, RN, BSN,  
MSN, CDE, BC-ADM, FNP-C**  
CARIBOU

**Holly Gartmayer-DeYoung**  
EASTPORT

**Tracey Hair\***  
BUCKSPORT

**Philip Heywood**  
CAPE PORPOISE

**Alan Monier**  
BRYANT POND

**Elizabeth Neptune\***  
PRINCETON

**Hannah Pingree**  
NORTH HAVEN

**Abdulkerim Said, BAS, CHW,  
BHP, MHRTC/B**  
AUBURN

**Toho Soma, MPH**  
PORTLAND

**Meryl Troop**  
PORTLAND

**Richard "Skip" White**  
PORTLAND

## Access for All

ORGANIZATION NAME	PROJECT TITLE	2017 AMOUNT	TOTAL AWARD
<b>OUTREACH, EDUCATION, AND ENROLLMENT</b>			
Consumers for Affordable Health Care	Connecting Mainers to Coverage through HelpLine Assistance	\$50,000	\$50,000
Maine Lobstermen's Community Alliance	Assisting Lobstermen, Young Adults and Coastal Mainers with Enrollment through the Health Insurance Marketplace	\$10,000	\$10,000
Western Maine Community Action	WMCA Community Action Navigator Consortium	\$110,000	\$110,000
<b>OUTREACH, EDUCATION, AND ENROLLMENT - CONSULTANTS/CONTRACTS</b>			
Burgess Advertising & Marketing	Health Insurance Marketplace Enrollment Campaign	\$134,810	\$2,127,398
Dave Chandrasekaran	ACA Marketplace Enrollment Advanced Technical Assistance	\$1,568	\$1,568
Dirigo Design & Development	enroll207.com	\$182,811	\$207,769
Pivot Point, Inc.	ACA Health Insurance Marketplace Enrollment Program	\$1,148	\$1,148
Rachel Lowe, Consultant	Health Insurance Marketplace Public Education Coordinator	\$6,015	\$6,015
<b>Total Grants and Contracts: Outreach, Education, and Enrollment (8)</b>		<b>\$496,352</b>	<b>\$2,513,897</b>
<b>ACCESS TO QUALITY CARE (A2QC)</b>			
Franklin Memorial Hospital	Franklin CARES in 3D	\$44,374	\$223,476
MaineHealth	Improving Access to Behavioral Health Care in a Three-County Region	\$44,988	\$224,411
Penobscot Community Health Care	Bangor Area A2QC	\$45,000	\$225,000
<b>ACCESS TO QUALITY CARE (A2QC) - CONSULTANTS/CONTRACTS</b>			
Nautilus Public Health	Free Care Working Group	\$1,275	\$1,275
<b>Total Grants and Contracts: Access to Quality Care (A2QC) (4)</b>		<b>\$135,637</b>	<b>\$674,162</b>

## Access for All

ORGANIZATION NAME	PROJECT TITLE	2017 AMOUNT	TOTAL AWARD
<b>MONITORING COVERAGE AND ACCESS</b>			
Manatt, Phelps & Phillips, LLP	Medicaid and Rural Health Fact Sheets	\$55,000	\$55,000
<b>Total Grants and Contracts: Monitoring Coverage and Access (1)</b>		<b>\$55,000</b>	<b>\$55,000</b>

### ADVANCING HEALTH REFORM THROUGH ADVOCACY

AARP Foundation	Engaging Mainers 50+ on the Impacts of Health Reform	\$35,000	\$85,000
Consumers for Affordable Health Care	Raising Consumer Voices to Protect Our Care	\$35,000	\$85,000
Health Equity Alliance	Drug Policy Mobilization Project	\$29,985	\$79,547
Maine Center for Economic Policy	Analyzing and Promoting Health Care Policies that Work for Everyone	\$35,000	\$85,000
Maine Children's Alliance	Advocating for Children's Health in Changing Times	\$35,000	\$85,000
Maine Equal Justice Partners	Preserving and Increasing Access to Affordable Health Care in Maine	\$35,000	\$85,000
Maine Medical Education Trust	Advocacy and Engaging Health Care Providers to Preserve and Expand Health Coverage	\$35,000	\$85,000
Maine Mobile Health Program	Advocating for Migrant and Seasonal Farmworkers	\$27,533	\$62,533
Maine People's Resource Center	MPRC Advancing Health Reform in Maine Through Advocacy	\$32,775	\$82,775
MaineHealth	MaineHealth Access to Care Programs - Legislative Outreach: Bringing Real Stories to the Legislature	\$11,472	\$27,302

### ADVANCING HEALTH REFORM THROUGH ADVOCACY - CONSULTANTS/CONTRACTS

Davey Strategies	Messaging Workshop for MeHAF Advocacy Grantees	\$1,600	\$1,600
Pivot Point, Inc.	Advancing Health Reform Through Advocacy Consulting Support	\$4,484	\$4,484
<b>Total Grants and Contracts: Advancing Health Reform through Advocacy (12)</b>		<b>\$317,849</b>	<b>\$768,241</b>

### ADVOCACY CAPACITY BUILDING

Consumers for Affordable Health Care	Advocacy Financial Consulting with Nonprofit Finance Fund	\$85,000	\$85,000
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(Advocacy Capacity Building is continued on the next page.)

## Access for All

ORGANIZATION NAME	PROJECT TITLE	2017 AMOUNT	TOTAL AWARD
<b>ADVOCACY CAPACITY BUILDING</b> <i>(Continued from the previous page.)</i>			
Disability Rights Maine	Advocacy Financial Consulting with Nonprofit Finance Fund	\$85,000	\$85,000
Maine Children's Alliance	Advocacy Financial Consulting with Nonprofit Finance Fund	\$85,000	\$85,000
Maine Coalition Against Sexual Assault	Advocacy Financial Consulting with Nonprofit Finance Fund	\$85,000	\$85,000
Maine Equal Justice Partners	Advocacy Financial Consulting with Nonprofit Finance Fund	\$85,000	\$85,000

**ADVOCACY CAPACITY BUILDING - CONSULTANTS/CONTRACTS**

Nonprofit Finance Fund	Advocacy Organization Capacity Building Program - Phase 2	\$31,075	\$208,150
Nonprofit Finance Fund	Capacity Building Initiative - Phase 3	\$238,813	\$268,813
Partnerships for Health	Advocacy Capacity Building Initiative Evaluation	\$24,870	\$49,740

**Total Grants and Contracts: Advocacy Capacity Building (8)****\$719,758 \$951,703****STRENGTHENING THE ORAL HEALTH SAFETY NET**

Maine Community Foundation	Maine Oral Health Funders Collaborative Grants Program	\$101,000	\$101,000
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**STRENGTHENING THE ORAL HEALTH SAFETY NET - CONSULTANTS/CONTRACTS**

Nautilus Public Health	Maine Oral Health Funders Consultant	\$51,500	\$51,500
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**Total Grants and Contracts: Strengthening the Oral Health Safety Net (2)****\$152,500 \$152,500****RURAL HEALTH TRANSFORMATION**

Health Access Network, Inc.	Rural Health Care Integration Planning Collaborative	\$5,000	\$35,000
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**RURAL HEALTH TRANSFORMATION - CONSULTANTS/CONTRACTS**

Pivot Point, Inc.	Rural Health Transformation Consulting Support	\$1,636	\$3,166
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*(Rural Health Transformation is continued on the next page.)*

## Access for All

ORGANIZATION NAME	PROJECT TITLE	2017 AMOUNT	TOTAL AWARD
The Write Approach	Rural Health Communications Support	\$4,100	\$4,100
USM/Muskie School of Public Service, Cutler Institute for Health and Social Policy	Innovations in Rural Health Systems Development Project: Federally Qualified Health Centers	\$5,894	\$5,894
<b>Total Grants and Contracts: Rural Health Transformation (4)</b>		<b>\$16,630</b>	<b>\$48,160</b>
<b>POLICY/DATA AND SURVEY RESEARCH - CONSULTANTS/CONTRACTS</b>			
GfK Custom Research, LLC	Maine Supplement to the Health Reform Monitoring Survey (HRMS)	\$36,070	\$36,070
State of Maine, Dept. of Health and Human Services	BRFSS Access to Care Module	\$20,250	\$20,250
USM/Muskie School of Public Service, Cutler Institute for Health and Social Policy	Analysis of Maine HRMS and BRFSS Data to Monitor Coverage and Access to Care - 2016	\$5,213	\$14,569
USM/Muskie School of Public Service, Cutler Institute for Health and Social Policy	Analysis of Maine HRMS and BRFSS Data to Monitor Coverage and Access to Care - 2017	\$6,509	\$17,580
<b>Total Grants and Contracts: Policy/Data and Survey Research (4)</b>		<b>\$68,042</b>	<b>\$88,470</b>
<b>TOTAL GRANTS AND CONTRACTS: ACCESS FOR ALL (43)</b>		<b>\$1,961,768</b>	<b>\$5,252,133</b>

## Better Care

### THRIVING IN PLACE (TIP)

Downeast Community Partners	WC Thriving in Place	\$100,000	\$300,000
Eastern Area Agency on Aging	MOOV (Towns of Milford, Old Town, Orono, & Veazie) Penobscot TIP Project	\$99,979	\$299,820
Maine Association of Area Agencies on Aging	Tri-State Learning Collaborative on Aging (TSLCA)	\$17,564	\$17,564
Millinocket Regional Hospital	Thrive Penobscot	\$100,000	\$300,000
SeniorsPlus	Franklin County Elders in Action	\$82,116	\$273,153
York County Community Action Corporation	YCCAC Thriving in Place (HOME Project)	\$99,904	\$299,084

(Thriving in Place is continued on the next page.)

## Better Care

ORGANIZATION NAME	PROJECT TITLE	2017 AMOUNT	TOTAL AWARD
<b>BETTER CARE - CONSULTANTS/CONTRACTS</b>			
S.E. Foster	MeHAF's Community-Based Initiatives - An Evaluation Plan	\$83,348	\$249,842
USM/Muskie School of Public Service, Cutler Institute for Health and Social Policy	Profile of Maine's Long-Term Services and Supports System	\$18,518	\$18,518
<b>Total Grants and Contracts: Thriving in Place (8)</b>		<b>\$601,429</b>	<b>\$1,757,981</b>
<b>ADDICTION CARE</b>			
Amistad, Inc.	Developing and Implementing a Gender-Specific Opioid Health Home for Women	\$100,000	\$200,000
Health Access Network, Inc.	Health Access Network Medication-Assisted Treatment (MAT) Expansion	\$99,950	\$199,900
Healthy Acadia	Downeast Opioid Treatment Hub and Spokes Project	\$100,000	\$200,000
Healthy Community Coalition	Rural Addiction Care Expansion (RACE) to Recover	\$99,965	\$199,930
Kennebec Behavioral Health	Somerset Expansion for Addiction Care Collaborative	\$50,000	\$100,000
LincolnHealth	Linking a Community: Bringing People Together for Comprehensive MAT	\$50,000	\$100,000
MaineGeneral Community Care	Expanding Access to MAT in the Central Maine Region's Primary Care Practices	\$87,295	\$173,740
Penobscot Community Health Care	A Regional, Rapid-Access Approach to MAT	\$100,000	\$200,000
Tri-County Mental Health Services	CommUNITY Recovery: A Collaboration to Expand Patient-Centered Addiction Care	\$48,679	\$98,679
York Hospital	York Hospital Integrated Medication Assisted Treatment (IMAT) Initiative	\$50,000	\$100,000
<b>ADDICTION CARE - CONSULTANTS/CONTRACTS</b>			
Maine Quality Counts	Technical Assistance for Addiction Care Grantees	\$62,202	\$95,696
USM/Muskie School of Public Service, Cutler Institute for Health and Social Policy	Addiction Care Program Evaluation	\$44,979	\$149,930
<b>Total Grants and Contracts: Addiction Care (12)</b>		<b>\$893,070</b>	<b>\$1,817,875</b>



## Better Care

ORGANIZATION NAME	PROJECT TITLE	2017 AMOUNT	TOTAL AWARD
<b>INTEGRATED CARE - CONSULTANTS/CONTRACTS</b>			
Maine Behavioral Healthcare	Integrated Care Reimbursement and Sustainability Contract	\$3,750	\$15,000
<b>Total Grants and Contracts: Integrated Care (1)</b>		<b>\$3,750</b>	<b>\$15,000</b>
<b>TOTAL GRANTS AND CONTRACTS: BETTER CARE (21)</b>		<b>\$ 1,498,249</b>	<b>\$ 3,590,856</b>

## Improved Health

### HEALTHY COMMUNITIES

Aroostook Band of Micmacs	Netukulimk Community Health and Wellness	\$60,000	\$187,500
Aroostook County Action Program, Inc.	Healthy Houlton	\$60,000	\$187,500
City of Bangor, Health & Community Services	Greater Bangor/Brewer Healthy Communities through Recovery Coaching and Collaboration	\$60,000	\$187,500
Healthy Community Coalition	Franklin County's Hope (Health Opportunities through Poverty Elimination) for the Future	\$60,000	\$187,500
MaineGeneral Health	Healthy Waterville: Increasing Community Connections and Access to Healthy Food for All	\$60,000	\$187,500
Penobscot Bay YMCA	Voices From Knox County. . . Working Together for a Healthy Community	\$60,000	\$187,500
Piscataquis Regional Food Center	Piscataquis Healthy Food for All	\$60,000	\$120,000
Redington-Fairview General Hospital	Achieving Better Health in Jackman, Maine: The Aging Project	\$60,000	\$187,499
The Opportunity Alliance	Healthy Youth - Healthy Lake Region	\$60,000	\$187,500
Western Maine Community Action	Healthy Neighborhoods- Lewiston Auburn	\$60,000	\$187,500
Western Maine Health Care Corporation	Infusing Social Capital Development to Increase Effectiveness of Community Interventions	\$60,000	\$187,500

### HEALTHY COMMUNITIES - CONSULTANTS/CONTRACTS

Carole Martin	Technical Support for MeHAF's Healthy Community Grants Program	\$7,143	\$15,256
<b>Total Grants and Contracts: Healthy Communities (12)</b>		<b>\$667,143</b>	<b>\$2,010,254</b>

## Improved Health

ORGANIZATION NAME	PROJECT TITLE	2017 AMOUNT	TOTAL AWARD
<b>HEALTH EQUITY CAPACITY BUILDING</b>			
Maine Community Foundation	Supporting Health and Health Care in Maine's Communities of Color	\$50,000	\$150,000
<b>HEALTH EQUITY CAPACITY BUILDING - CONSULTANTS/CONTRACTS</b>			
Open Source Leadership Strategies	Health Equity Assessment and Strategy Development	\$25,000	\$25,000
Open Source Leadership Strategies	Integrating the Equity Lens into Communications	\$7,500	\$7,500
USM/Muskie School of Public Service, Cutler Institute for Health and Social Policy	Advancing Health Equity in Maine: Understanding the Experiences of Disparate Populations	\$33,084	\$49,626
Up With Community	Health Equity Capacity Building	\$10,463	\$47,550
<b>Total Grants and Contracts: Health Equity Capacity Building (5)</b>		<b>\$ 126,047</b>	<b>\$ 279,676</b>
<b>TOTAL GRANTS AND CONTRACTS: IMPROVED HEALTH (17)</b>		<b>\$793,190</b>	<b>\$2,289,930</b>

## Other Funding

### LEADERSHIP DEVELOPMENT

Blue Cross Blue Shield of Massachusetts Foundation, Inc.	2017 Health Coverage Fellowship	\$18,500	\$18,500
Center for Health Policy Development (aka NASHP)	NASHP's 30th Annual State Health Policy Conference	\$5,000	\$5,000
Maine Equal Justice Partners	2017 Dr. Wendy J. Wolf Health Leadership Award	\$10,000	\$10,000
<b>Total Grants and Contracts: Leadership Development (3)</b>		<b>\$33,500</b>	<b>\$33,500</b>

### DISCRETIONARY GRANTS

Aroostook County Action Program, Inc.	ACAP Oral Health Proseal Unit	\$5,138	\$5,138
Central Maine Medical Center	Assessing Best Approaches to Expand Use of Cancer Support Services in Western Maine	\$5,000	\$5,000

*(Discretionary Grants is continued on the next page.)*

## Other Funding

ORGANIZATION NAME	PROJECT TITLE	2017 AMOUNT	TOTAL AWARD
Co-Occurring Collaborative Serving Maine	Improving Medication-Assisted Recovery (MAR) Capacity for Treating Opioid Use Disorder in Maine	\$9,997	\$9,997
Community Concepts	Solving Medical Transportation Challenges in Western Maine	\$7,630	\$7,630
Consumers for Affordable Health Care	Consumer Advocacy for Transformation: Creating a Consumer Leadership Training Program	\$4,900	\$4,900
Diversion Alert	Developing Sustainability for Diversion Alert	\$5,000	\$5,000
Family Planning Association of Maine	Opening the Door Wider	\$10,000	\$10,000
Healthy Communities of the Capital Area	TIME: A Multi-Sector Strategic Planning Process	\$5,366	\$5,366
Kennebec Valley Dental Coalition, Inc. d/b/a Waterville Community Dental Center	Strategic, Financial, and Business Transition Planning for the Waterville Community Dental Center	\$5,000	\$5,000
Kennebec Valley Family Dentistry	Purchase of Portable Dental X-ray Unit	\$7,196	\$7,196
Maine Association of Area Agencies on Aging	Exploring Efficiencies to Advance Healthy Aging Policy	\$3,000	\$3,000
Maine Behavioral Health Foundation	Maine Alliance for Addiction Recovery Planning and Sustainability Project	\$10,000	\$10,000
Maine Primary Care Association	Making the Case for Community Health Centers: Quantifying CHC Value at the State and Local Level	\$10,000	\$10,000
Maine Quality Counts	QC 2017 - In it Together: Achieving Excellent Patient and Provider Experience	\$7,500	\$7,500
Mid-Coast Health Net Inc	Strategically Planning for the Knox Clinic's Future	\$3,500	\$3,500
New Mainers Public Health Initiative	New Mainers' Wellness Program	\$5,000	\$5,000
OUT Maine	Building Resilience: Strategies and Tools for Clinicians Working with LGBTQ Youth and Their Families	\$10,000	\$10,000
Penobscot Indian Nation/Penobscot Nation Health Department	Implementing an Electronic Dental Record System	\$9,940	\$9,940
Port Resources	Multicultural Sensitivity Training	\$5,000	\$5,000
Sacopee Valley Health Center	Purchase of a Nitrous Oxide Unit to help treat pediatric patients	\$5,600	\$5,600
Spectrum Generations	SWOT Analysis for Improved Integration of Geriatric Care into Primary Care	\$10,000	\$10,000
Tri-County Mental Health Services	Co-morbidity of Incarceration and Budget Cuts: The correlation between funding and the prevalence of mental health symptoms/histories in the Androscoggin County Jail	\$8,570	\$8,570
USM/Muskie School of Public Service, Cutler Institute for Health and Social Policy	School-Based Health Center Sustainability Planning	\$10,000	\$10,000

*(Discretionary Grants is continued on the next page.)*

## Other Funding

ORGANIZATION NAME	PROJECT TITLE	2017 AMOUNT	TOTAL AWARD
<b>DISCRETIONARY GRANTS</b> <i>(Continued from the previous page)</i>			
University of Maine, Center on Aging	Intergenerational Adult Day Services Needs Assessment	\$5,000	\$5,000
<b>Total Grants: Discretionary Grants (24)</b>		<b>\$168,337</b>	<b>\$168,337</b>

### MEETING SUPPORT

Heart of Biddeford	The Thrive Summit: Doing Health Differently	\$1,000	\$1,000
Hospice of Southern Maine	Prepare to Care: Completing an Advance Directive	\$2,000	\$2,000
Maine Health Management Coalition Foundation	Maine Health Management Coalition and Maine Medical Association Symposium on Healthcare Value	\$1,000	\$1,000
Maine Parent Federation	Youth in Transition	\$2,000	\$2,000
Maine Women's Policy Center	Forging Our Future, Together: Maine Women's Summit on Economic Security	\$1,000	\$1,000
New Mainers Public Health Initiative	Annual Immigrant and Refugee Public Health Fair: Lewiston and Portland	\$2,000	\$2,000
Sunrise Opportunities	Creating a Community of Compassion / Manifesting Equity for LGBTQ Youth	\$2,000	\$2,000
University of Maine, Center on Aging	Twelfth Annual UMaine Clinical Geriatrics Colloquium – Emerging Perspectives on Death, Dying & Bereavement	\$2,000	\$2,000
<b>Total Grants: Meeting Support (8)</b>		<b>\$ 13,000</b>	<b>\$ 13,000</b>

### CHARITABLE GIFTS

Central Maine Community Health Corporation	Charitable Gift - Equity Site Visit	\$500	\$500
Daniel Hanley Center for Health Leadership	Charitable Gift	\$500	\$500
Disability Rights Maine	Charitable Gift - Equity Site Visit	\$500	\$500
EqualityMaine Foundation	Charitable Gift - Equity Site Visit	\$500	\$500
Family Planning Association of Maine	Charitable Gift - Equity Site Visit	\$500	\$500
Hand In Hand/Mano En Mano	Charitable Gift - Equity Site Visit	\$500	\$500

*(Charitable Gifts is continued on the next page)*

## Other Funding

ORGANIZATION NAME	PROJECT TITLE	2017 AMOUNT	TOTAL AWARD
Health Equity Alliance	Charitable Gift - Equity Site Visit	\$500	\$500
Immigrant Resource Center of Maine	Charitable Gift - Equity Site Visit	\$500	\$500
Kennebec Valley Community College Foundation	Charitable Gift	\$500	\$500
Maine Access Immigrant Network	Charitable Gift - Equity Site Visit	\$500	\$500
Maine Immigrant and Refugee Services	Charitable Gift - Equity Site Visit	\$500	\$500
Maine Initiatives	2017 Changemakers Celebration	\$5,000	\$5,000
Maine Mobile Health Program	Charitable Gift - Equity Site Visit	\$500	\$500
MaineGeneral Health	Charitable Gift - Healthy Northern Kennebec	\$500	\$500
New Mainers Public Health Initiative	Charitable Gift - Equity Site Visit	\$500	\$500
Penobscot Indian Nation/Penobscot Nation Health Department	Charitable Gift - Equity Site Visit	\$500	\$500
Preble Street	Charitable Gift - Equity Site Visit	\$500	\$500
Spectrum Generations	Charitable Gift - Muskie Center in Waterville, ME	\$500	\$500
<b>Total Grants: Charitable Gifts (18)</b>		<b>\$13,500</b>	<b>\$13,500</b>
<b>TOTAL GRANTS AND CONTRACTS: OTHER FUNDING (53)</b>		<b>\$ 228,337</b>	<b>\$ 228,337</b>
<b>TOTAL GRANTS, CONTRACTS, AND GIFTS (134)</b>		<b>\$ 4,481,544</b>	<b>\$ 11,361,256</b>

# STATEMENT OF FINANCIAL POSITION



	2017 Unaudited	2016
<b>ASSETS</b>		
General fund cash and cash equivalents	25,832	57,736
Accounts receivable	1,481	1,575
General fund investments, fair value	126,992,519	114,543,290
Program-related investments	34,000	350,000
Prepaid income taxes	235,000	235,000
Prepaid expenses and deposits	64,047	59,490
Property and equipment - net	38,204	27,562
<b>Total Assets</b>	<b>127,391,083</b>	<b>115,274,653</b>
<b>LIABILITIES AND NET ASSETS</b>		
<b>Liabilities</b>		
Grants payable	2,211,752	2,173,277
Deferred tax liability	418,000	418,000
Accounts payable and accrued liabilities	35,366	156,577
<b>Total Liabilities</b>	<b>2,665,118</b>	<b>2,747,854</b>
<b>Net Assets</b>		
Unreserved Fund Balance	124,725,965	112,526,799
<b>Total Net Assets</b>	<b>124,725,965</b>	<b>112,526,799</b>
<b>Total Liabilities &amp; Net Assets</b>	<b>127,391,083</b>	<b>115,274,653</b>

2017 Unaudited

2016

## Statement of Activities and Changes in Net Assets

### SUPPORT AND REVENUES

Investment returns (losses), net of fees	18,100,079	9,008,563
Contributions	64,000	37,000
Other income: miscellaneous	22,191	19,727
<b>Total Support &amp; Revenue</b>	<b>18,186,270</b>	<b>9,065,290</b>

### EXPENSES

Grants and program expenses, net of refunds of unspent amounts	4,602,253	5,429,016
Administrative expenses	1,367,859	1,541,943
Depreciation	16,992	16,675
Excise tax expense (benefit)	---	157,000
<b>Total Expenses</b>	<b>5,987,104</b>	<b>7,144,634</b>

<b>Change in net assets</b>	<b>12,199,166</b>	<b>1,920,656</b>
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<b>MeHAF Net Assets, January 1</b>	<b>112,526,799</b>	<b>110,606,143</b>
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<b>MeHAF Net Assets, December 31</b>	<b>124,725,965</b>	<b>112,526,799</b>
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## Consultants

### AUDITORS

Jeff Skaggs, CPA – Principal

Julie Paquette, CPA – Audit Senior Manager

Baker Newman Noyes

### TAX ACCOUNTANT

Drew Cheney, CPA

Baker Newman Noyes

### GENERAL COUNSEL

Nelson A. Toner

Bernstein Shur

### INVESTMENT ADVISORS

Gregory C. Johnson, CFA – Managing Principal

Michael D. Soares, CFA – Principal/Consultant

Ian D. MacPherson, CFA – Consultant

Cassandra Binette, CFA – Consultant

Prime Buchholz

*Note: The Board of Trustees engages the firm of Baker Newman Noyes of Portland, Maine, to perform the annual audit. To obtain a copy of our audit report, visit our website.*

## MeHAF Staff

Margo Beland – Finance Manager

Charles Dwyer – Program Officer I

Jake Grindle – Program Officer I

Morgan Hynd – Program Officer II

Holly Irish – Program & Communications Assistant

Ruta Kadonoff – Senior Program Officer

Dani Kalian – Executive Assistant

Barbara Leonard – President & CEO

Catherine Luce – Director of Grants Management

Kathryn Rouillard – Program Officer I

# MEHAF

MAINE HEALTH ACCESS FOUNDATION

PROMOTING ACCESS. IMPROVING HEALTH.