

Reflecting Toward the Future

2018 ANNUAL REPORT

MeHAF
MAINE HEALTH ACCESS FOUNDATION





Reflecting Toward the Future

2018 ANNUAL REPORT

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MESSAGE FROM THE BOARD CHAIR & PRESIDENT



Ted Sussman, MD, FACP
CHAIR, BOARD OF TRUSTEES

Barbara Leonard, MPH
PRESIDENT & CEO

Reflecting Toward the Future

In creating its new strategic framework, MeHAF reflected toward the future. This planning effort was thoughtful, looking back on past successes and challenges and looking ahead toward the conditions and opportunities we expect and hope for in coming years.

This reflective planning showed that the expected future was not predictable, and a highly prescribed list of actions would not suit MeHAF's, or Maine's, needs. What manifested instead was a "framework," giving guidance and direction for our future work and allowing flexibility to respond to and accommodate the conditions we find when any future becomes the present.

The framework for 2019 – 2022 brings resonance to MeHAF's mission as it carries forward aspects of the past and ties in new areas of focus that can respond to immediate and future needs. Developed with input from grantees and MeHAF Community Advisory Committee members, community members across the state and the MeHAF Board, the strategies provide opportunities for MeHAF to be a leader on some issues, and a key partner on others.

This 2018 MeHAF annual report, while it reflects on past activities by highlighting grantees whose work is rooted in our past strategic plan, also reflects the future because their activities exemplify the new strategic framework. We hope you will enjoy learning more.

MeHAF, informed by and in partnership with people and organizations from throughout the state, will continue to strive for a future of equity, hope, and health for everyone in Maine.

Inspiring Vision, Innovative Approach

In Her Presence: Health Equity Capacity Building

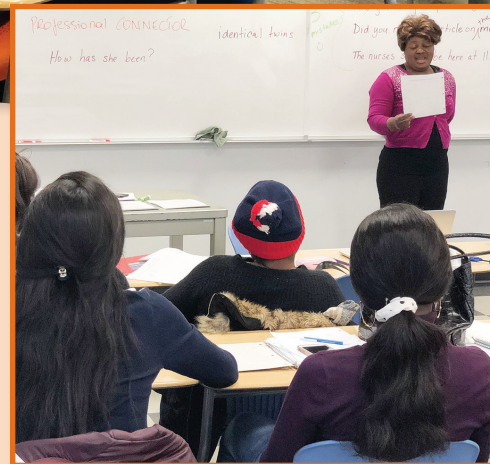
Founded in 2015, *In Her Presence* (IHP) has grown from a small, volunteer-led organization of two women into a multi-program collaborative serving hundreds of women from more than a dozen different countries. All of IHP's programming and curriculum is informed by direct requests from program participants.

In 2016, IHP developed a health focused program, "Heal Your Body." The purpose of this program is to empower immigrant, refugee, and asylee women through education. Participants engage in discussions about their health and wellness in a culturally sensitive way, and many carry what they learn to their broader communities. This program has created an opportunity to discuss health and health care in a safe and supportive community with self-directed inquiry and group learning.

"Heal Your Body" is one of IHP's many programs that empower women to become strong, informed advocates for both themselves and their families. *In Her Presence* reflects an inspiring trend of immigrant women's leadership in Maine and shows the benefits of tying together multiple cultural experiences for the benefit of everyone.



A Saturday Find Your Voice class where women participate in an immersive educational environment to gain stronger language skills.





Millinocket: A Community That Thrives Through Partnerships

Thrive Penobscot: Thriving In Place

Thrive Penobscot, a collaboration led by Millinocket Regional Hospital, is integrating traditional health-related partners with more “unusual suspects,” creating valuable community allies to strengthen essential linkages between health care services, mental health, social services, and community supports. Among these allies is the Millinocket Memorial Library, which has become a central resource and information hub connecting individuals needing support with the Thrive Penobscot resources.

Library director Matt DeLaney and dedicated volunteers continue to expand their capacity to serve the older people of the community through this partnership by building their knowledge about the supports that the collaborating partners have to offer.

Thrive Penobscot is effectively harnessing the power and possibility of collective action through their partnership network. The hospital, library, local economic development organizations *Our Katahdin* and *The Katahdin Collaborative*, local community member advisors, and two newly launched



regional food councils, among others, are working together to enhance the community as a place where everyone can continue to thrive as they age.

Supporting Maine’s older people in their communities continues to be a strategic priority for MeHAF. Thrive Penobscot’s network exemplifies the possibilities that emerge when a community comes together and applies a spirit of ingenuity to achieving this goal.



Highlights from community engagement and food insecurity projects last fall in Millinocket.

Beyond Strategy

Creating an Adaptable Framework for MeHAF

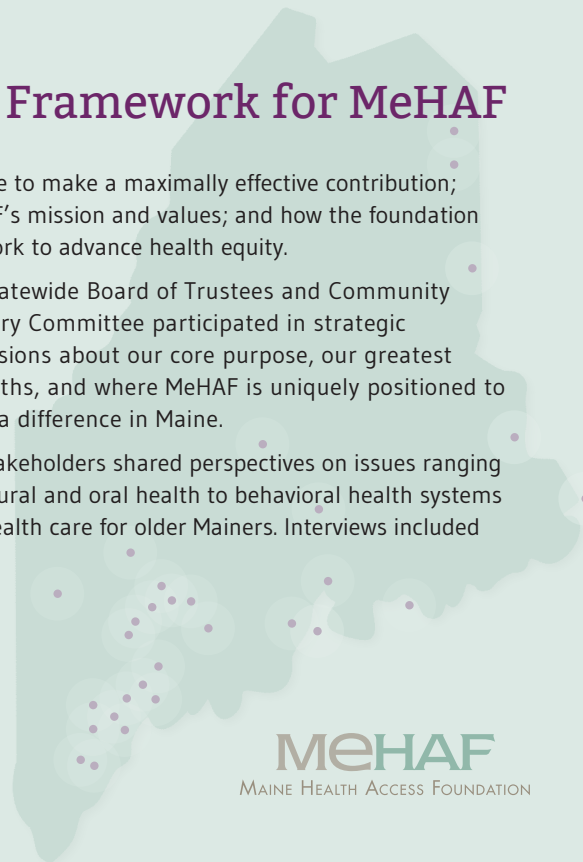
Gathering community input to guide our strategic direction has been part of MeHAF's work since our founding. Purposeful community engagement has given us insight into experiences of people from across Maine and provided us exposure to a broader range of ideas and opinions. This philosophy was core to our 2018-2022 strategic framework development process.

The expansive planning process spanned late 2017 through Spring 2018. Engaging a team of external consultants ensured open and honest feedback as we sought input in four areas: key health and health care needs and opportunities; MeHAF's strengths and the best ways to leverage them to meet critical gaps; what roles we could play and resources we could

provide to make a maximally effective contribution; MeHAF's mission and values; and how the foundation can work to advance health equity.

Our statewide Board of Trustees and Community Advisory Committee participated in strategic discussions about our core purpose, our greatest strengths, and where MeHAF is uniquely positioned to make a difference in Maine.

Key stakeholders shared perspectives on issues ranging from rural to oral health to behavioral health systems and health care for older Mainers. Interviews included



state government employees, hospital leadership, representation from community and social service organizations, and philanthropy.

Eight community focus groups were held across the state, from Houlton to Lewiston, to Portland, and places in between. Participants, including advocacy organizations, Tribal health, social services, and

immigrant and refugee organizations, provided insight into pressing community health needs and shared suggestions about how to address them – whether through direct grants, technical assistance, convening, research, or public awareness/advocacy. This outreach also offered insights about how to prioritize our work, especially as related to health equity.



We are grateful

that when we call on you – our volunteers, grantees, community partners, and key stakeholders – you help to inform and shape our work. Our new strategic framework has built-in flexibility to adapt to change and features an intentional focus on advancing equity. In sharing your professional and personal experiences with us, you have challenged our assumptions and enhanced our understanding, positioning us to *best promote access to quality health care, especially for those who are uninsured and underserved, and improve the health of everyone in Maine*. We thank you for your past contributions and for your continued partnership as we journey forward together with this new roadmap in hand.

Leadership for Maine's Future

*The Daniel Hanley Center for Health Leadership,
a Foundation-Initiated Grant*

For 12 years, the Daniel Hanley Center for Health Leadership's Health Leadership Development Program (HLD) has brought together classes of new, current, and emerging health leaders across Maine to build cross-organizational leadership capacity. In recent years, MeHAF has played an important role by providing scholarships for leaders from Maine's most diverse populations, so that they can enhance their own leadership capacity, and their participation can enhance cultural understanding of Maine's growing racial and ethnic populations within each HLD class.

Over a nine-month period annually, HLD creates opportunities for individuals to grow their leadership skills, examine systemic issues through varied perspectives, and build broader understanding of Maine's health care delivery system. With nearly 400 leaders who have graduated from the program, HLD's network of alumni spans race, ethnicity, age, gender, and geography.

HLD's value of bringing together multiple perspectives builds trust within each year's class that stretches across the state as alumni move back into their professional lives. HLD fosters change through the catalyst of diversified leadership, moving Maine towards being a state where health is equitable, culturally informed, and accessible to every person.



HLD classmates take part in the yearly Outward Bound weekend in Western Maine.



A New Model for Rural Maine

Central Maine Health Care: Rural Health Transformation

Central Maine Health Care (CMHC) and its project partners began with a goal of proactively enrolling Bridgton Hospital emergency department (ED) patients into health coverage. They ultimately created an innovative Community Paramedicine program that integrates a primary care hub, home visits to support chronic care management, and a referral system of external resources to assist with non-traditional health needs.

The project began at a 25-bed critical access hospital and engaged 168 patients who were frequently seen in the ED. With the hope of developing supportive, trusting relationships for overall better care, patients were paired with a paramedic and offered support through enabling services.

By offering more individually tailored care that wove in necessary social supports, the paramedics helped their patients to rely less on the ED. Long-term monitoring shows that this program's impact on redirecting patients to more appropriate sources of care has not diminished over time, and it is lowering overall costs.

CMHC's project ended differently than it began, but what was created in this effective, small scale Community Paramedicine program shows strong potential for replication in other parts of Maine.



MeHAF's statewide Board of Trustees oversees the work of the foundation and its members serve as responsible stewards for the foundation's resources. The Board brings a wealth of expertise and experiences from leaders who represent the demographic, professional, and philosophical diversity of Maine. In 2018, the Board welcomed three new members*.



Constance Adler, MD, FAAFP
CHESTERVILLE



Deborah Deatrick, MPH
CUMBERLAND FORESIDE



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AUGUSTA



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Ted Sussman, MD, FACP
HOULTON



Shirley Weaver, PhD
KENNEBUNK

The foundation's statewide Community Advisory Committee (CAC) includes diverse individuals who advise the Board and staff on critical issues that align with MeHAF's mission. They provide thoughtful input into our periodic needs assessments and strategic planning efforts. With their extensive

knowledge of and connections to MeHAF's priority population – people who are uninsured and medically underserved – CAC members bridge the foundation's statewide role to on-the-ground work in communities across Maine. In 2018, the CAC welcomed two new members*.



Thomas Bartol, NP
MANCHESTER



Kate Brogan, JD
FREEPORT



Jacqui Clark
HALLOWELL



Gloria Aponte Clarke, MPH
PORTLAND



Cynthia Freeman Cyr
DOVER-FOXCROFT



Robert Davis
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Norma Desjardins, DMD
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Gia Drew *
KENNEBUNKPORT



Dennis Fitzgibbons
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**Ann Gahagan, RN, BSN,
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Holly Gartmayer-DeYoung
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Tracey Hair
BUCKSPORT



Philip Heywood
CAPE PORPOISE



Alan Monier
BRYANT POND



Elizabeth Neptune
PRINCETON



Hannah Pingree
NORTH HAVEN



**Abdulkерim Said, BAS,
CHW, BHP, MHRTC/B**
AUBURN



Toho Soma, MPH
PORTLAND



Meryl Troop
PORTLAND



Richard "Skip" White
PORTLAND

Access for All

ORGANIZATION NAME	PROJECT TITLE	2018 AMOUNT	TOTAL AWARD
ADVANCING HEALTH REFORM THROUGH ADVOCACY			
AARP Foundation	Engaging Mainers 50+ on the Impacts of Health Reform	\$50,000	\$85,000
Consumers for Affordable Health Care	Raising Consumer Voices to Protect Our Care	\$50,000	\$85,000
Health Equity Alliance	Drug Policy Mobilization Project	\$49,562	\$79,547
Maine Center for Economic Policy	Analyzing and Promoting Health Care Policies that Work for Everyone	\$50,000	\$85,000
Maine Children's Alliance	Advocating for Children's Health in Changing Times	\$50,000	\$85,000
Maine Equal Justice	Preserving and Increasing Access to Affordable Health Care in Maine	\$50,000	\$85,000
Maine Medical Education Trust	Advocacy and Engaging Health Care Providers to Preserve and Expand Health Coverage	\$50,000	\$85,000
Maine Mobile Health Program	Advocating for Migrant and Seasonal Farmworkers	\$35,000	\$62,533
Maine People's Resource Center	Advancing Health Reform in Maine Through Advocacy	\$50,000	\$82,775
MaineHealth Access to Care Programs	MaineHealth Access To Care Programs - Legislative Outreach: Bringing Real Stories to the Legislature	\$15,830	\$27,302

ADVANCING HEALTH REFORM THROUGH ADVOCACY - CONSULTANTS/CONTRACTS

Pivot Point, Inc.	Advancing Health Reform Through Advocacy Consulting Support	\$7,969	\$7,969
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Total Grants and Contracts: Advancing Health Reform through Advocacy (11)**\$450,392 \$770,126****GRASSROOTS HEALTH ADVOCACY**

EqualityMaine Foundation	Grassroots Health Advocacy	\$25,000	\$50,000
Maine Immigrants' Rights Coalition	Grassroots Health Advocacy	\$25,000	\$50,000
Maine People's Resource Center	Grassroots Health Advocacy	\$25,000	\$50,000
Maine Transgender Network Inc.	Grassroots Health Advocacy	\$25,000	\$50,000
Maine Prisoner Advocacy Coalition	Grassroots Health Advocacy	\$25,000	\$50,000
Southern Maine Workers' Center	Grassroots Health Advocacy	\$25,000	\$50,000

Total Grants and Contracts: Grassroots Health Advocacy (6)**\$150,000 \$300,000****ADVOCACY CAPACITY BUILDING - CONSULTANTS/CONTRACTS**

Nonprofit Finance Fund	Advocacy Capacity Building Initiative - Phase 3	\$36,019	\$274,832
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Access for All

ORGANIZATION NAME	PROJECT TITLE	2018 AMOUNT	TOTAL AWARD
Partnerships for Health	Advocacy Capacity Building Initiative Evaluation	\$24,870	\$49,740
Total Grants and Contracts: Advocacy Capacity Building (2)		\$60,889	\$324,572

MONITORING COVERAGE AND ACCESS - CONSULTANTS/CONTRACTS

Manatt, Phelps & Phillips, LLP	State Budget Implications of Expanding MaineCare: Updated Analysis	\$50,000	\$50,000
Total Grants and Contracts: Monitoring Coverage and Access (1)		\$50,000	\$50,000

RURAL HEALTH TRANSFORMATION

Healthy Community Coalition	Strengthening Rural Connections to Increase Access in Rural Franklin County	\$30,000	\$30,000
Healthy Peninsula	Creating Community-Friendly Health Systems	\$30,000	\$30,000
Mayo Regional Hospital	Paving a New Way for Piscataquis	\$75,000	\$75,000
Oxford County Mental Health Services	Activating a Community Response to Improving Health Outcomes in the River Valley	\$30,000	\$30,000
Penobscot Community Health Care - Jackman Community Health Center	Jackman Region Rural Health Collaborative	\$30,000	\$30,000
Pines Health Services - Aroostook County Health Network	Continuum of Care Coordination in Aroostook County	\$75,000	\$75,000

RURAL HEALTH TRANSFORMATION - CONSULTANTS/CONTRACTS

Pivot Point, Inc.	Support of MeHAF Rural Health System Transformation Grants	\$5,568	\$5,568
USM/Muskie School of Public Service, Cutler Institute for Health and Social Policy	Rural Catalyst and Accelerator Grants Evaluation	\$18,000	\$36,000
Total Grants and Contracts: Rural Health Transformation (8)		\$293,568	\$311,568

STRENGTHENING THE ORAL HEALTH SAFETY NET

Catholic Charities Maine - Jessie Albert Dental and Orthodontic Center	Strengthening Safety Net Dental Practices in Maine	\$5,000	\$5,000
Community Dental	Strengthening Safety Net Dental Practices in Maine	\$5,000	\$5,000

(Strengthening the Oral Health Safety Net is continued on the next page.)

Access for All

ORGANIZATION NAME	PROJECT TITLE	2018 AMOUNT	TOTAL AWARD
Kennebec Valley Family Dentistry	Strengthening Safety Net Dental Practices in Maine	\$5,000	\$5,000
St. Croix Regional Family Health Center - Dental Dept.	Strengthening Safety Net Dental Practices in Maine	\$5,000	\$5,000
DentaQuest Institute, Inc.	Dental Capacity Building Initiative	\$30,000	\$30,000
Maine Community Foundation	Maine Oral Health Funders Collaborative	\$14,000	\$14,000
USM/Muskie School of Public Service, Cutler Institute for Health and Social Policy	SmilePartners 3.0	\$24,000	\$24,000

STRENGTHENING THE ORAL HEALTH SAFETY NET - CONSULTANTS/CONTRACTS

Health & Education Communication Consultants	2018-2019 Maine Oral Health Funders Consultant	\$601	\$15,000
Nautilus Public Health	2017-2018 Maine Oral Health Funders Consultant	\$30,457	\$52,067

Total Grants and Contracts: Strengthening the Oral Health Safety Net (9)**\$119,059 \$155,067****OUTREACH, EDUCATION, AND ENROLLMENT**

Consumers for Affordable Health Care	Connecting Mainers to Coverage Through the Consumer Assistance Program	\$86,119	\$86,119
Maine Children's Alliance	Strengthening the Health and Well-being of Maine's Young Children through Home Visiting	\$15,000	\$15,000
Western Maine Community Action	WMCA Community Action Navigator (CAN) Marketplace Enrollment Initiative, 2018-2019	\$40,000	\$40,000

OUTREACH, EDUCATION, AND ENROLLMENT - CONSULTANTS/CONTRACTS

Dirigo Design & Development	enroll207.com - Open Enrollment 2017-2018	\$19,458	\$195,338
Rachel Lowe, Consultant	Health Insurance Marketplace Public Education Coordinator	\$425	\$425

Total Grants and Contracts: Outreach, Education, and Enrollment (5)**\$161,002 \$336,882****POLICY/DATA AND SURVEY RESEARCH - CONSULTANTS/CONTRACTS**

USM/Muskie School of Public Service, Cutler Institute for Health and Social Policy	Analysis of Maine Behavioral Risk Factor Surveillance Survey Data to Monitor Coverage and Access to Care	\$15,667	\$15,667
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Access for All

ORGANIZATION NAME	PROJECT TITLE	2018 AMOUNT	TOTAL AWARD
State of Maine, Dept. of Health and Human Services	BRFSS Access to Care Module	\$18,000	\$18,000
Total Grants and Contracts: Policy/Data and Survey Research (2)		\$33,667	\$33,667
TOTAL GRANTS AND CONTRACTS: ACCESS FOR ALL (44)		\$1,318,576	\$2,281,881

Key Health Issues

ADDICTION CARE

Amistad, Inc.	Developing and Implementing a Gender-Specific Opioid Health Home for Women	\$100,000	\$200,000
Health Access Network, Inc.	Health Access Network MAT Expansion	\$99,950	\$199,900
Healthy Acadia	Downeast Opioid Treatment Hub and Spokes Project	\$100,000	\$200,000
Healthy Community Coalition	Rural Addiction Care Expansion (RACE) to Recover	\$99,965	\$199,930
Kennebec Behavioral Health	Somerset Expansion for Addiction Care Collaborative	\$50,000	\$100,000
LincolnHealth	Linking a Community: Bringing People Together for Comprehensive MAT	\$50,000	\$100,000
MaineGeneral Community Care - Mental Health & Substance Abuse Services	Expanding Access to MAT in the Central Maine Region's Primary Care Practices, including the Kennebec Region Health Alliance Coverage Area	\$86,445	\$173,740
Penobscot Community Health Care	A Regional, Rapid-Access Approach to MAT	\$100,000	\$200,000
Tri-County Mental Health Services	CommUNITY Recovery: A Collaboration to Expand Patient-Centered Addiction Care	\$44,742	\$93,421
York Hospital	York Hospital Integrated Medication Assisted Treatment (IMAT) Initiative	\$50,000	\$100,000
Maine Behavioral Health Foundation	Project Pleiades Evaluation	\$29,900	\$29,900

ADDICTION CARE - CONSULTANTS/CONTRACTS

Maine Quality Counts	Technical Assistance for Addiction Care Grantees	\$95,873	\$95,873
USM/Muskie School of Public Service, Cutler Institute for Health and Social Policy	Addiction Care Program Evaluation	\$67,469	\$149,930
Total Grants and Contracts: Addiction Care (13)		\$974,343	\$1,842,694

Key Health Issues

ORGANIZATION NAME	PROJECT TITLE	2018 AMOUNT	TOTAL AWARD
THRIVING IN PLACE			
Downeast Community Partners	Washington County Thriving in Place	\$100,000	\$300,000
Millinocket Regional Hospital	Thrive Penobscot	\$100,000	\$300,000
Maine Community Foundation	Reframing Aging Initiative	\$50,000	\$50,000
Maine Council On Aging	2018 Tri-State Learning Collaborative on Aging	\$17,564	\$17,564
Maine Council On Aging	Charting a Pathway Toward Healthy Aging	\$49,910	\$49,910
THRIVING IN PLACE - CONSULTANTS/CONTRACTS			
Health and Work Outcomes, Inc.	Developing a Roadmap to Advance Person-Centered, Integrated Care & Supports for Older People in Maine	\$25,087	\$25,087
University of Maine, Center on Aging	Thriving in Place Program Ripple Effects Mapping	\$2,252	\$7,900
USM/Muskie School of Public Service, Cutler Institute for Health and Social Policy	Support for Maine Council on Aging Wisdom Summit - Long Term Services and Supports Reform	\$15,682	\$15,682
Total Grants and Contracts: Thriving in Place (8)		\$360,495	\$766,143
MATERNAL AND CHILD HEALTH			
Maine Quality Counts	Infant Mortality in Maine - Crisis and Opportunity	\$30,000	\$30,000
Total Grants and Contracts: Maternal and Child Health (1)		\$30,000	\$30,000
TOTAL GRANTS AND CONTRACTS: KEY HEALTH ISSUES (22)		\$1,364,839	\$2,638,837

Improved Health

HEALTHY COMMUNITIES			
Aroostook Band of Micmacs	Netukulimk Community Health and Wellness	\$60,000	\$187,500
Aroostook County Action Program, Inc.	Healthy Houlton	\$60,000	\$187,500
City of Bangor, Health & Community Services	Greater Bangor/Brewer Healthy Communities through Recovery Coaching and Collaboration	\$60,000	\$187,500
Healthy Community Coalition	Franklin County's Hope (Health Opportunities through Poverty Elimination) for the Future	\$60,000	\$187,500

Improved Health

ORGANIZATION NAME	PROJECT TITLE	2018 AMOUNT	TOTAL AWARD
MaineGeneral Health - Healthy Northern Kennebec	Healthy Waterville: Increasing Community Connections and Access to Healthy Food for All	\$60,000	\$187,500
Penobscot Bay YMCA	Voices From Knox County. . . Working Together for a Healthy Community	\$60,000	\$187,500
Piscataquis Regional Food Center	Piscataquis Healthy Food for All	\$60,000	\$120,000
Redington-Fairview General Hospital - Somerset Public Health	Achieving Better Health In Jackman, Maine: The Aging Project	\$60,000	\$187,499
The Opportunity Alliance - Public Health Program	Healthy Youth - Healthy Lake Region	\$60,000	\$187,500
Western Maine Community Action	Healthy Neighborhoods- Lewiston Auburn	\$60,000	\$187,500
Western Maine Health Care Corporation	Infusing Social Capital Development to Increase Effectiveness of Community Interventions	\$60,000	\$187,500

HEALTHY COMMUNITIES - CONSULTANTS/CONTRACTS

Carole Martin	Technical Support for MeHAF's Place-based Initiatives	\$10,191	\$12,000
S.E. Foster	Evaluation of MeHAF's Community-Based Initiatives	\$82,543	\$249,842

Total Grants and Contracts: Healthy Communities (13)**\$752,735 \$2,256,841**

HEALTH EQUITY CAPACITY BUILDING

Amistad, Inc.	Health Equity Capacity Building	\$25,000	\$75,000
Hand In Hand/Mano En Mano	Health Equity Capacity Building	\$25,000	\$75,000
In Her Presence	Health Equity Capacity Building	\$25,000	\$75,000
Maine Access Immigrant Network	Health Equity Capacity Building	\$25,000	\$75,000
Maine Transgender Network Inc.	Health Equity Capacity Building	\$25,000	\$75,000
New Mainers Public Health Initiative	Health Equity Capacity Building	\$25,000	\$75,000
Southern Maine Workers' Center - Portland Outright	Health Equity Capacity Building	\$25,000	\$75,000
Wabanaki Health and Wellness	Health Equity Capacity Building	\$25,000	\$75,000
Maine Community Foundation	Supporting Health and Health Care in Maine's Communities of Color	\$50,000	\$150,000

HEALTH EQUITY CAPACITY BUILDING - CONSULTANTS/CONTRACTS

Carol Wishcamper Organizational Consulting	Health Equity Capacity Building Coaching - Mano en Mano	\$3,978	\$3,978
Catherine Kidman	Health Equity Capacity Building Coaching - Amistad	\$2,550	\$2,550

(Health Equity Capacity Building is continued on the next page.)

Improved Health

ORGANIZATION NAME	PROJECT TITLE	2018 AMOUNT	TOTAL AWARD
craig white consulting	Training and Support for Technical Assistance Consultants Cohort	\$23,707	\$36,707
David Jenkins, Consultant	Health Equity Capacity Building Coaching - Portland Outright	\$5,590	\$5,590
Herrick and Associates	Health Equity Capacity Building Coaching - Maine Access Immigrant Network	\$8,146	\$8,146
Hilary Robbins Consulting	Health Equity Capacity Building Coaching - Maine TransNet	\$2,700	\$2,700
Michael D. Miles	Health Equity Capacity Building Coaching - Wabanaki Health and Wellness	\$5,023	\$5,023
S.E. Foster	Evaluation of the Health Equity Capacity Building Grants Program	\$32,380	\$52,367
Samaa Abdurraqib	Health Equity Capacity Building Coaching - In Her Presence	\$1,350	\$1,350
Susan Pollock	Health Equity Capacity Building Coaching - New Mainers Public Health Initiative	\$4,751	\$4,751
Up With Community	Health Equity Capacity Building Consulting Support	\$60,697	\$60,697
USM/Muskie School of Public Service, Cutler Institute for Health and Social Policy	Advancing Health Equity in Maine: Understanding the Experiences of Disparate Populations	\$16,542	\$49,626
Total Grants and Contracts: Health Equity Capacity Building (21)		\$417,415	\$983,485
TOTAL GRANTS AND CONTRACTS: IMPROVED HEALTH (34)		\$1,170,149	\$3,240,326

Other Funding

LEADERSHIP DEVELOPMENT

Blue Cross Blue Shield of Massachusetts Foundation, Inc.	2018 Health Coverage Fellowship	\$18,500	\$18,500
Maine Development Foundation	Policy Leaders Academy	\$40,000	\$40,000
Maine Family Planning	2018 Dr. Wendy J. Wolf Health Leadership Award	\$10,000	\$10,000
Total Grants and Contracts: Leadership Development (3)		\$68,500	\$68,500

MEHAF DONOR-ADVISED FUND

Maine Community Foundation	Establishing MeHAF Donor-Advised Fund	\$30,000	\$30,000
Maine Community Foundation	Tribal Health Project	\$125,000	\$125,000
Total Grants and Contracts: MeHAF Donor-Advised Fund (2)		\$155,000	\$155,000

Other Funding

ORGANIZATION NAME	PROJECT TITLE	2018 AMOUNT	TOTAL AWARD
OTHER CONSULTING CONTRACTS			
TCC Group	2017-2018 MeHAF Strategic Planning Process	\$107,288	\$159,992
Carol Wishcamper Organizational Consulting	Strategic Planning Assistance	\$2,041	\$2,041
Davey Strategies	MeHAF Metaphor Development	\$6,800	\$9,800
KAST Inc.	Strategic Framework Communications	\$2,000	\$2,000
Total Grants and Contracts: Other consulting Contracts (4)		\$188,130	\$173,834
DISCRETIONARY GRANTS			
Community Clinical Services	Strategizing the future healthcare inputs for Downtown Lewiston/Auburn's residents	\$6,200	\$6,200
Community Dental	Community Dental Orthodontics	\$10,000	\$10,000
Daniel Hanley Center for Health Leadership	Collaborating to Improve Cultural Humility Among Healthcare Providers	\$6,750	\$6,750
Frannie Peabody Center	HIVAC Storytelling Initiative	\$7,500	\$7,500
Greater Portland Council of Governments	Communities Addressing Opioid Misuse	\$5,000	\$5,000
Maine Equal Justice	Creation and Distribution of Medicaid Eligibility Calculator	\$10,000	\$10,000
Maine Immigrant and Refugee Services	HealthME	\$5,000	\$5,000
Maine Medical Education Trust	Designing and Piloting a Community-Tailored Approach to Preventing Addiction in Maine	\$10,000	\$10,000
Maine Philanthropy Center	MPC Network Advocacy Work	\$5,500	\$5,500
Maine Podiatric Medical Association	A Five-Year, Retrospective Evaluation of Lower Extremity Amputations (LEA) in Mid-Coast Maine	\$5,000	\$5,000
Maine Primary Care Association	2018 Marketplace Training for Navigators and Assistors	\$10,000	\$10,000
Maine Quality Counts	Improving Care & Outcomes for Substance Exposed Newborns	\$9,997	\$9,997
Maine Transgender Network Inc.	Transgender Community Health Outreach Worker (CHOW) Pilot Project	\$10,000	\$10,000
MaineHealth	Data Analysis of the Access to Care Programs: A collaboration examining the effects of providing access to care for Maine's uninsured people	\$9,166	\$9,166
Mid Coast Hospital	Increasing Access to Adolescent Treatment	\$1,875	\$1,875
Mid-Coast Health Net Inc.	Ensuring Access to Quality Care Continues in Mid-Coast Maine	\$7,500	\$7,500
New Mainer's Public Health Initiative	New Mainer's Youth Health Assessment Pilot Project	\$5,000	\$5,000
Passamaquoddy Tribe at Pleasant Point	Patient Safety Improvements	\$6,560	\$6,560

(Discretionary Grants are continued on the next page.)

Other Funding

ORGANIZATION NAME	PROJECT TITLE	2018 AMOUNT	TOTAL AWARD
Portland Recovery Community Center	Recovery Data Initiative	\$9,602	\$9,602
Rangeley Health and Wellness Partnership	Rangeley Community Behavioral Health Assessment	\$5,000	\$5,000
Sacopee Valley Health Center	Safety Net Solution project at Sacopee Valley Health Center	\$5,000	\$5,000
Southern Maine Workers' Center	Story collection to highlight the potential impact of work requirements on MaineCare recipients	\$5,000	\$5,000
Total Grants and Contracts: Discretionary Grants (22)		\$155,650	\$155,650

MEETING SUPPORT

Bangor Area Recovery Network, Inc.	Inspiring Hope Conference: How To Support Recovery Ready Communities	\$2,000	\$2,000
Beth C. Wright Cancer Resource Center	12th Annual Down East Living With Cancer Conference	\$1,000	\$1,000
Cary Medical Center	Parenting in the Digital Age	\$2,000	\$2,000
Catholic Charities Maine	Interdisciplinary Service Provision for Forced Migrants and Survivors of Torture	\$2,000	\$2,000
City of Portland, Public Health Division	Southern Maine Harm Reduction Conference	\$1,000	\$1,000
Consumers for Affordable Health Care	Health Care for Maine's 6th Annual Conference, The Opportunity of Extraordinary Times	\$2,000	\$2,000
EqualityMaine Foundation	The Q, A Conference to Raise Up LGBTQ+ Youth	\$2,000	\$2,000
Gedakina	Wabanaki 2-Spirit Regional Alliance Gathering	\$2,000	\$2,000
Maine Children's Alliance	MCA Children's Convention	\$2,000	\$2,000
Maine Medical Education Trust	Maine Medical Association 165th Annual Session	\$1,000	\$1,000
Maine Public Health Association	Addiction & the State of Public Health in Maine	\$2,000	\$2,000
Maine Quality Counts	QC2018: Building Communities of Practice through Innovation	\$2,000	\$2,000
Morris Farm Trust	Local Food, Local Hunger: A Community Forum on Food Security in Lincoln County	\$500	\$500
New Mainers Public Health Initiative	Equity, Access, and Barriers for early childhood prevention.	\$1,200	\$1,200
Spurwink	Community Impact Forum: Trauma	\$1,808	\$1,808
University of New England	28th Annual Maine Geriatrics Conference	\$2,000	\$2,000
Total Grants and Contracts: Meeting Support (16)		\$26,508	\$26,508

CHARITABLE GIFTS

Arroostook County Action Program, Inc.	Charitable Gift in Recognition of Board Service	\$1,800	\$1,800
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Other Funding

ORGANIZATION NAME	PROJECT TITLE	2018 AMOUNT	TOTAL AWARD
Central Maine Healthcare Corporation	Charitable Gift for Healthy Androscoggin	\$500	\$500
Community Clinical Services	Charitable Gift for Community Clinical Services	\$500	\$500
Community Concepts	Charitable Gift for Community Concepts	\$500	\$500
Family Violence Project	Charitable Gift in Recognition of Board Service	\$600	\$600
Literacy Volunteers of Greater Augusta	Charitable Gift in Recognition of Board Service	\$400	\$400
Maine Equal Justice	Charitable Gift in recognition of Board Service	\$1,800	\$1,800
Maine Initiatives	2nd Annual Changemakers Celebration	\$2,500	\$2,500
Maine Philanthropy Center	2018 Philanthropy Partners Conference	\$7,500	\$7,500
Maine Philanthropy Center	Dawnland Screening	\$500	\$500
New Mainers Public Health Initiative	Charitable Gift for New Mainers Public Health Initiative	\$500	\$500
Special Olympics Maine	Charitable Gift in Recognition of Board Service	\$600	\$600
Tri-County Mental Health Services	Charitable Gift for Tri-County Mental Health Services	\$500	\$500
Total Grants and Contracts: Charitable Gifts (13)		\$18,200	\$18,200
TOTAL GRANTS AND CONTRACTS: OTHER FUNDING (60)		\$541,988	\$597,692
TOTAL GRANTS, CONTRACTS, AND GIFTS (160)		\$4,395,552	\$8,758,736

STATEMENT OF ACTIVITIES AND CHANGES IN NET ASSETS

	2018 Unaudited	2017
ASSETS		
General fund cash and cash equivalents	---	25,832
Accounts receivable	245	1,482
General fund investments, fair value	110,914,604	126,766,796
Program-related investments	---	34,000
Prepaid income taxes	90,000	90,000
Prepaid expenses and deposits	60,818	479,380
Property and equipment - net	27,601	38,204
Total Assets	111,093,268	127,435,694
LIABILITIES AND NET ASSETS		
Liabilities		
Grants payable	600,000	2,211,752
Deferred tax liability	624,000	624,000
Accounts payable and accrued liabilities	32,522	35,366
Total Liabilities	1,256,522	2,871,118
Net Assets		
Unreserved Fund Balance	109,836,746	124,564,576
Total Net Assets	109,836,746	124,564,576
Total Liabilities & Net Assets	111,093,268	127,435,694

	2018 Unaudited	2017
SUPPORT AND REVENUES		
Investment returns (losses), net of fees	(10,215,364)	18,289,689
Contributions	2,000	64,000
Other income: miscellaneous	5,539	22,191
Total Support & Revenue	(10,207,825)	18,375,880
EXPENSES		
Grants and program expenses, net of refunds of unspent amounts*	2,906,202	4,602,253
Administrative expenses	1,409,461	1,367,508
Depreciation	17,342	17,342
Excise tax expense	187,000	351,000
Total Expenses	4,520,005	6,338,103
Change in net assets	(14,727,830)	12,037,777
MeHAF Net Assets, January 1	124,564,576	112,526,799
MeHAF Net Assets, December 31	109,836,746	124,564,576

* Grant and program expenses are reported on an accrual accounting basis and do not reflect cash paid out during the fiscal year.



MeHAF Staff*

Margo Beland – Finance Manager

Charles Dwyer – Program Officer II

Jake Grindle – Program Officer I

Morgan Hynd – Program Officer II

Holly Irish – Program & Communications Assistant

Ruta Kadonoff – Senior Program Officer

Dani Kalian – Executive Assistant

Barbara Leonard – President & CEO

Catherine Luce – Director of Grants Management

Jeb Murphy – Communications Associate

Kathryn Pierce – Program Officer I

* In 2018, we said goodbye to Program Officer II Morgan Hynd and welcomed Communications Associate Jeb Murphy.

Consultants

AUDITORS

Anne Cloutier, CPA, FHFMA – Principal

Kevin Chase, CPA – Audit Manager

Baker Newman Noyes

TAX ACCOUNTANT

Drew Cheney, CPA, JD,LLM – Principal

Baker Newman Noyes

GENERAL COUNSEL

Nelson A. Toner, Esq.

Bernstein Shur

INVESTMENT ADVISORS

Gregory C. Johnson, CFA – Managing Principal

Michael D. Soares, CFA – Principal/Consultant

Ian D. MacPherson, CFA, CAIA – Principal/Consultant

Cassandra Binette, CFA – Consultant

Prime Buchholz

Note: The Board of Trustees engages the firm of Baker Newman Noyes of Portland, Maine, to perform the annual audit. To obtain a copy of our audit report, visit our website.



MeHAF
MAINE HEALTH ACCESS FOUNDATION

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