KBH Partners with Skowhegan Family Medicine to Expand MAT in Somerset County

Somerset Expansion Of Addiction Care Collaborative

Maine Health Access Foundation Planning Grant
Challenges

- Identifying individuals with SUD and families without breaching confidentiality across the two organizations
- Avoiding the pitfall of “tokenism”
- Managing inadvertent negative consequences of the inherent dual relationship in rural practice
- Deconstructing our own professional biases and “paternalism”
- Embracing and valuing the power of lived experience in the recovery
- Scheduling and transportation
STRATEGIES and INNOVATIONS

• Take time to develop a shared understanding and alignment around recovery and person-centered practice: Model and Practice Values
• Using tools at hand to expand the conversation: transparency and informed consent
• Reach out to Recovery Groups to assist and empower the process with their wisdom
• Keep pushing for the more involvement: both in numbers and depth (Recovery Workgroup)
• Taking time to co-construct a shared world view that incorporates a consumer and family perspective
• Advertise, Advertise, and Persevere
• Use every “failure” as a CQI opportunity!!!!
Emerging MAT Model for Clients with Co-Occurring Disorders

- Supports for Meeting Basic Needs and Community Living
- Seamless Interface with Emergency Services
- Supports for Employment and Education Needs
- Community Supports for Recovery

- Primary Care
  Specialty Care for Pregnant Woman and New Infants

- Behavioral Health & Care Coord.

- Peer and Family Recovery Coaching

- Group Therapy and Skill Building
What we have learned….”AHA”

• **What Worked**….Creating ways that individuals with SUD and families can contribute beyond “talking” about the work. Discover motivation for further engagement and work that edge!

• **Not So Good**….Assuming that providing stipends will be enough! Important, but does not effectively address many of the challenges. Nor do stipends alone effectively support the motivations of individuals with SUD and families.

• **Next Steps**…..More project work where individuals with SUD and families can actually make something happen, truly supporting opportunities that are the “doing” the work. Also, to expand social network communication strategies... Like Twitter, etc....
Are You in Recovery from a Substance Use Disorder? Are You A Family Member Affected from a Loved One’s Substance Use Disorder?

Somerset Expansion for Addiction Care Collaborative Recovery work group invites you to join us to assist in the development of Recovery Support Services in Somerset County. This a monthly meeting to address the addiction crisis in our community!

Next Meeting
May 21, 2018 3-5p.m.
(Third Monday of the Month)

Kennebec Behavioral Health Services
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