2023 ANNUAL REPORT

# In so many words...



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Message from the Board Chair & President

# In so many words...

In the over two decades since MeHAF's founding, we have relied on the words shared by our grantees, local and statewide partners, Community Advisory Committee, and Board of Trustees to quide our work. This past year was a banner year for receiving these words of wisdom.

In 2023, MeHAF was blessed with an abundance of words in conversations, words from speakers at convenings, words from grantees as they shared their successes and challenges, words posted on paper at brainstorming sessions, and most importantly, words of experience, and words from the heart.

We initiated planning for and spending from the remarkable gift from MacKenzie Scott, which is now named the Nova Fund at MeHAF. Through two intense planning events that gathered words and ideas at a furious pace, we first identified the priorities we would

e	focus on with the Nova Fund, and then dug deeply into
	how to realize one of these: energizing a health justice
d	movement in Maine.

#### And finally, we listened when violence, crisis, and disruption came to us in words we wish we had not

- had reason to hear. We made rapid grants to key organizations who responded – and still are responding - to the mass shooting in Lewiston. And we continue to support organizations that ensure comprehensive reproductive care to all who need it.
  - With this report we share some of the words of pain, joy, and hope that were shared with us in 2023. We hope they will move you as they have us.

Toho Soma Barbara Leonard CHAIR, BOARD OF TRUSTEES PRESIDENT & CEO

#### In so many words ...



## **Championing Voices for Change**

Voicing the needs of others to inform action is core to our Advocacy program. In 2023, one major theme for our advocacy grantees was the protection and expansion of reproductive, sexual, and gender-affirming care including:

- Ensuring the right to abortion is protected for people in all Maine cities and towns and the availability of sexual and reproductive health care in the event of a merger or acquisition by a religious-affiliated health care provider;
- Affirming MaineCare coverage of gender affirming care and creating new pathways for trans 16- and 17-year-olds to access this care; and
- Prohibiting insurers from requiring patients

meet deductibles or other cost-sharing fees before they will cover this care.

Another theme was increases in eligibility for federal coverage options for Mainers including an increase in eligibility for the Medicare Savings Program; an increase in the income eligibility limit for the Children's Health Insurance Program; Expansions of MaineCare coverage for people leaving incarceration and immigrants during the postpartum period.

Grantees also worked on the successful effort to make Maine the 13th state in the country to pass a universal paid family and medical leave program, a powerful policy solution that supports infant development, parental mental health, caregiving across the lifespan, and family financial stability.

Grantees also worked on the successful effort to make Maine the 13th state in the country to pass a universal paid family and medical leave program.

#### In so many words...



## Developing Pathways to a Community Information Exchange

Beginning in 2022 and continuing through the entirety of 2023, we supported a Maine Community Information Exchange (CIE) Workgroup comprised of more than 20 private and public-sector stakeholders. The Maine Council on Aging, selected through a consensus process, has acted as the neutral convener, providing facilitative support and project management.

In engaging these stakeholders, we hoped to learn and understand the varied perspectives to assist in creating the beginning infrastructure of the CIE. A report of recommendations was created to address the CIE's governance, data, technology, financial, and legal requirements. Within

Perhaps the largest takeaway from this important first step was the value of listening, exchanging ideas and perspectives, and sharing what each stakeholder brought to the table.

these findings, policies that facilitate sharing of personal information while protecting personal privacy and the formation of a nonprofit organization to lead the future implementation efforts were also developed.

Perhaps the largest takeaway from this important first step was the value of listening, exchanging ideas and perspectives, and sharing what each stakeholder brought to the table. Deep, ongoing engagement between providers of health care, mental health, social services, community supports, and state government agencies, and most importantly people with lived experience, is critical to the viability of the project as it moves forward.

## Learning by Listening - The First Year of the Nova Fund at MeHAF

## IN LATE 2022,

we were surprised and honored with news of an unrestricted, \$9 million dollar gift from philanthropist MacKenzie Scott. Before the gift was received in early 2023, our Board made the decision to distribute these funds over a threeto-five-year period for the greatest impact on health and health access issues in Maine.

With the timeline in place, we began to strategize the best way to identify needs and focus areas for spending. After internal discussion, we decided to engage a small group of Board members, Community Advisory Committee (CAC) members, and staff to participate in a multi-day, intensive "design sprint" process in March. This resulted in a framework that was endorsed by the full Board and CAC highlighting three big categories of work to fund: Increasing Funding to Current/ Recent Priorities; Collaborative Planning on Critical Issues; and funding for a yet-to-bedefined "Big Idea(s)."





With this framework to guide us, our first step was to address funding to current/recent priorities. We approved grants totaling just over \$2 million to current grantees in our Health Equity Capacity Building, Health Advocacy, and Free Clinic Grants Supporting Access to Care programs, as well as grants to support access to comprehensive reproductive care, and to support two community-led health needs assessments. These grants, in some cases, provided immediate additional funding, while others were future commitments to extend multi-year grants.





And in November we engaged in a "charrette" process, convening a group of 80 that included grantees, staff, Board, CAC, and our partners in a three-day event to discuss and envision what a strong, successful health justice movement in Maine could look like. An event of this scope was new for us, but provided fertile ground for ideas to be shared and explored by people and organizations with different missions, perspectives, and populations. After the three days, we left with a collection of invaluable ideas to move towards building an energetic health justice movement in Maine in 2024 and beyond.



### what is a charrette process?



At its simplest, it is a collaborative planning process that harnesses the talents and energies of all interested parties to create and support a plan that represents transformative change. It is an intensive, iterative creative process intended to bring out and build upon ideas to solve complex problems. A design sprint is akin to a mini-charrette.

#### In so many words...



## Enhancing Our Responses to Continue Coverage

**T** n 2023 several elements of the health L care access environment required a level of urgent attention and enhanced resources. Listening to key stakeholders committed to ensuring access prompted us to dedicate critical funding to this work via a number of directed grants, providing maximum flexibility for grantee partners to respond to pressing needs. Two areas in particular were notable:

 The end of the federal COVID-19 Public Health Emergency reactivated requirements for MaineCare enrollees to periodically recertify their eligibility for coverage. Because this process had been suspended since 2020 due to the pandemic and was new to many individuals, advocates were particularly concerned

about reaching and supporting those at greatest risk of losing coverage to navigate this change. We made grants totaling \$345,000 to 21 statewide and community organizations to support their outreach and assistance work.

• In the wake of the *Dobbs* decision in 2022. we provided grants to organizations advocating for and providing the full spectrum of reproductive health care, including abortion. We followed this up in 2023 with additional funding to several key organizations providing comprehensive reproductive health care services in Maine, recognizing the increased demands and challenges they were facing within a changed landscape.

We made grants totaling \$345,000 to 21 statewide and community organizations to support their outreach and assistance work.

#### In so many words ...



**T** n response to the mass shootings in Lewiston on October 25, we moved rapidly to provide support to the impacted communities. We made 16 grants, of which 14 focused on Behavioral Health providers, as well as immigrant-led organizations, those serving youth, and the deaf and hard of hearing communities. Remaining grants were made to two philanthropic funds supporting nonprofit community partners providing mental health services, crisis support, and additional critical needs, as well as direct support to victims, families, and others impacted.

At every step of the response, communication took place to align activities, eliminate

We also took on the role of lead philanthropic contact with Maine DHHS as a "connector," to help coordinate responses and to exchange critical updates and information.

## A Call to Action In Time of Crisis

duplication, and understand the roles of other funders whether it be local, state or federal government, or philanthropy. We also took on the role of lead philanthropic contact with Maine DHHS as a "connector," to help coordinate responses and to exchange critical updates and information.

The collective response that began in 2023, and continues beyond the initial tragedy, will continue to identify the unique needs of the impacted communities and adapt to ongoing and changing community needs on Lewiston-Auburn's path of healing.

## Board of Trustees 2023

MeHAF's statewide Board of Trustees oversees the work of the foundation and serves as a responsible steward for the foundation's resources. The Board brings a wealth of expertise and experiences from leaders who represent the demographic, professional, and philosophical diversity of Maine. In 2023, the Board welcomed three new members\*.





Christy Daggett\*, MPP AROOSTOOK



**Dennis King, FACHE** 



Tracey Hair\*

FREEPORT



Michael Lambke, MD SKOWHEGAN



**Kevin Lewis** WINTHROP

Edward Miller, MS HALLOWELL

Grace Odimayo, DMD AUGUSTA

Susan Roche, Esq. PORTLAND

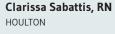
Anita Ruff\*

BRUNSWICK



WINDHAM

Catherine Ryder, LCPC ACS



Abdulkerim Said, BS AUBURN

Toho Soma, MPH, MS PORTLAND

lan Yaffe SOUTH PORTLAND Community Advisory Committee 2023

The foundation's statewide Community Advisory Committee (CAC) includes diverse individuals who advise the Board and staff on critical issues that align with MeHAF's mission. They provide thoughtful input into our periodic needs assessments and strategic planning efforts. With their extensive knowledge of and connections to MeHAF's priority population – people who are uninsured and medically underserved – CAC members bridge the foundation's statewide role to on-the-ground work in communities across Maine. In 2023, the CAC welcomed three new members\*.









Jacqui Clark HALLOWELL



Gia Drew PORTLAND







Tracey Hair BUCKSPORT







DrewChristopher Joy\* PORTLAND



Kenneth Lewis\* Jr. PORTLAND



**Benjamin Spraque** BANGOR



Rebecca Matusovich NEW GLOUCESTER

Kenney Miller

Fowsia Musse

CAMDEN

AUBURN



Sara Squires AUGUSTA



🂐 Joby Thoyalil PORTLAND



Shirley Weaver, PhD KENNEBUNK



Elizabeth Neptune PRINCETON

Jessica Oakes HANCOCK Reshid Shankol, MD, MPH, LSW

Noah Nesin, MD

GLENBURN

EWISTON



ORGANIZATION NAME	PROJECT TITLE	2023 AMOUNT	TOTAL AWARD
ADVOCACY, ACCESS & ENROLLMENT			
Health Advocacy Grants			
AARP Foundation	Operating Support for Health Advocacy	\$25,000	\$100,000
ACLU of Maine Foundation	Operating Support for Health Advocacy	\$25,000	\$100,000
Consumers for Affordable Health Care	Operating Support for Health Advocacy	\$45,000	\$180,000
Disability Rights Maine	Operating Support for Health Advocacy	\$25,000	\$100,000
EqualityMaine	Operating Support for Health Advocacy	\$25,000	\$100,000
Health Equity Alliance	Operating Support for Health Advocacy	\$25,000	\$100,000
Maine Behavioral Health Foundation	Operating Support for Health Advocacy	\$25,000	\$100,000
Maine Center for Economic Policy	Operating Support for Health Advocacy	\$45,000	\$180,000
Maine Children's Alliance	Operating Support for Health Advocacy	\$25,000	\$100,000
Maine Council On Aging	Operating Support for Health Advocacy	\$25,000	\$100,000
Maine Equal Justice	Operating Support for Health Advocacy	\$45,000	\$180,000
Maine Family Planning	Operating Support for Health Advocacy	\$25,000	\$100,000
Maine Immigrants' Rights Coalition	Operating Support for Health Advocacy	\$25,000	\$100,000
Maine Medical Education Trust	Operating Support for Health Advocacy	\$25,000	\$100,000
Maine Mobile Health Program	Operating Support for Health Advocacy	\$25,000	\$100,000
Maine People's Resource Center	Operating Support for Health Advocacy	\$25,000	\$100,000
Maine Primary Care Association	Operating Support for Health Advocacy	\$25,000	\$100,000
Maine Prisoner Advocacy Coalition	Operating Support for Health Advocacy	\$25,000	\$100,000
Maine Public Health Association	Operating Support for Health Advocacy	\$25,000	\$100,000
Maine Transgender Network Inc.	Operating Support for Health Advocacy	\$25,000	\$100,000
Maine Women's Lobby Education Fund	Operating Support for Health Advocacy	\$25,000	\$100,000
NAMI Maine	Operating Support for Health Advocacy	\$25,000	\$100,000
Planned Parenthood of Northern New England	Operating Support for Health Advocacy	\$25,000	\$100,000
Presente! Maine	Operating Support for Health Advocacy	\$25,000	\$100,000

ORGANIZATION NAME	PROJECT TITLE	2023 AMOUNT	TOTAL AWA
Resources for Organizing and Social Change	Operating Support for Health Advocacy	\$25,000	\$100,00
Southern Maine Workers' Center	Operating Support for Health Advocacy	\$25,000	\$100,0
Southern Maine Workers' Center - fiscal sponsor for Portland Outright	Operating Support for Health Advocacy	\$25,000	\$100,0
The Voices Project	Operating Support for Health Advocacy	\$25,000	\$100,0
Free Clinic Grants Supporting Access to Care			
City of Portland - Portland Public Health & Human Services	Operating Support for Free Clinics	\$30,000	\$90,0
Ellsworth Free Medical Clinic	Operating Support for Free Clinics	\$20,000	\$80,0
Knox County Health Clinic	Operating Support for Free Clinics	\$50,000	\$200,C
Maine Seacoast Mission	Operating Support for Free Clinics	\$20,000	\$80,0
Mainely Teeth	Operating Support for Free Clinics	\$20,000	\$60,0
Oasis Free Clinics	Operating Support for Free Clinics	\$50,000	\$200,0
Trinity Jubilee Center	Operating Support for Free Clinics	\$10,000	\$40,0
Public Health Emergency Unwinding Grants			
Aroostook Area Agency on Aging, Inc.	Support for MaineCare Public Health Emergency Unwinding	\$15,000	\$15,0
Aroostook County Action Program, Inc.	Support for MaineCare Public Health Emergency Unwinding	\$15,000	\$15,0
City of Portland - Portland Public Health & Human Services	Support for MaineCare Public Health Emergency Unwinding	\$10,000	\$10,0
Consumers for Affordable Health Care	Support for MaineCare Public Health Emergency Unwinding	\$50,000	\$50,0
Disability Rights Maine	Support for MaineCare Public Health Emergency Unwinding	\$15,000	\$15,0
Eastern Area Agency on Aging	Support for MaineCare Public Health Emergency Unwinding	\$15,000	\$15,0
Maine Access Immigrant Network	Support for MaineCare Public Health Emergency Unwinding	\$15,000	\$15,0
Maine Council On Aging	Support for MaineCare Public Health Emergency Unwinding	\$15,000	\$15,0
Maine Immigrant and Refugee Services	Support for MaineCare Public Health Emergency Unwinding	\$15,000	\$15,0
Maine Mobile Health Program	Support for MaineCare Public Health Emergency Unwinding	\$10,000	\$10,0
Maine Primary Care Association	Support for MaineCare Public Health Emergency Unwinding	\$15,000	\$15,0

ORGANIZATION NAME	PROJECT TITLE	2023 AMOUNT	TOTAL AWARD
MaineHealth - Access to Care/CarePartners/ MedAccess	Support for MaineCare Public Health Emergency Unwinding	\$15,000	\$15,000
Midcoast Maine Community Action	Support for MaineCare Public Health Emergency Unwinding	\$15,000	\$15,000
New Mainers Public Health Initiative	Support for MaineCare Public Health Emergency Unwinding	\$15,000	\$15,000
Penquis	Support for MaineCare Public Health Emergency Unwinding	\$15,000	\$15,000
SeniorsPlus	Support for MaineCare Public Health Emergency Unwinding	\$15,000	\$15,000
Southern Maine Agency on Aging	Support for MaineCare Public Health Emergency Unwinding	\$15,000	\$15,000
Spectrum Generations	Support for MaineCare Public Health Emergency Unwinding	\$15,000	\$15,000
Wabanaki Public Health	Support for MaineCare Public Health Emergency Unwinding	\$15,000	\$15,000
Waldo Community Action Partners	Support for MaineCare Public Health Emergency Unwinding	\$15,000	\$15,000
Western Maine Community Action	Support for MaineCare Public Health Emergency Unwinding	\$20,000	\$20,000
Related Grants			
Consumers for Affordable Health Care	Assisting People Who Face Barriers to Accessing Health Care as Maine Recovers from the Public Health Emergency	\$75,000	\$225,000
Contracts/Consultants			
Barbara Edmond	Free Clinic Access to Care Grantee Meeting Support	\$8,000	\$8,000
Partnerships for Health	Health Advocacy Grants Program Evaluation	\$12,442	\$99,508
Partnerships for Health	Health Advocacy Grants Program Evaluation	\$25,000	\$100,000
Pivot Point, Inc.	Health Advocacy Grants Program Support	\$9,928	\$21,223
USM/Muskie School of Public Service, Catherine Cutler Institute for Health and Social Policy	Health Care Access Analysis	\$5,873	\$35,424
Valerie Todd	Free Clinics Technical Assistance	\$12,175	\$15,000
TOTAL GRANTS & CONTRACTS		\$1,453,417	\$4,639,155

HEALTH EQUITY			
Health Equity Capacity Building Grants*	s		
Amistad, Inc. dba Commonspace	Operating Support for Capacity Building	\$27,800	\$187,800

ORGANIZATION NAME	PROJECT TITLE	2023 AMOUNT	TOTAL AWAR
Hand In Hand/Mano En Mano	Operating Support for Capacity Building	\$29,903	\$184,90
In Her Presence	Operating Support for Capacity Building	\$30,000	\$190,00
Mabel Wadsworth Center	Operating Support for Capacity Building	\$30,000	\$195,00
Maine Access Immigrant Network	Operating Support for Capacity Building	\$30,000	\$195,00
Maine Mental Health Connections, Inc.	Operating Support for Capacity Building	\$30,000	\$194,2
Maine Transgender Network Inc.	Operating Support for Capacity Building	\$30,000	\$195,00
Mi'kmaq Nation	Operating Support for Capacity Building	\$26,600	\$186,60
New England Arab American Organization	Operating Support for Capacity Building	\$30,000	\$186,50
New Mainers Public Health Initiative	Operating Support for Capacity Building	\$30,000	\$195,00
Somali Bantu Community Association	Operating Support for Capacity Building	\$35,000	\$200,0
Southern Maine Workers' Center	Operating Support for Capacity Building	\$25,000	\$175,0
Survivor Speak USA	Operating Support for Capacity Building	\$30,000	\$195,0
Wabanaki Health and Wellness	Operating Support for Capacity Building	\$30,000	\$190,0
Wabanaki Public Health	Operating Support for Capacity Building	\$30,000	\$135,00
*Some grantees opted to convert a portion of funds designated for t	echnical assistance to operating support grants. Where applicable, these amounts are reflected in both payment and award amounts.		
Collaborative Grants*			
Hand In Hand/Mano En Mano	2023 Downeast Welcome and Resource Fair with Wabanaki Public Health and Wellness	\$25,000	\$25,0
Hand In Hand/Mano En Mano	2024 Aroostook Welcome and Resource Fair	\$12,500	\$12,5
Mi'kmaq Nation	2024 Aroostook Welcome and Resource Fair	\$12,500	\$12,5
Hand In Hand/Mano En Mano	2024 Downeast Welcome and Resource Fair with Wabanaki Public Health and Wellness	\$25,000	\$25,0
New England Arab American Organization	Early Marriage: Education, Outreach, and Advocacy	\$12,500	\$12,5
New Mainers Public Health Initiative	Early Marriage: Education, Outreach, and Advocacy	\$12,500	\$12,5
Mabel Wadsworth Center	Expanding Access to Gender Affirming Care	\$12,500	\$12,5
Maine Transgender Network Inc.	Expanding Access to Gender Affirming Care	\$12,500	\$12,5
Mi'kmaq Nation	Nation Cultural Exchange	\$12,500	\$12,5
Somali Bantu Community Association	Nation Cultural Exchange	\$12,500	\$12,5

ORGANIZATION NAME	PROJECT TITLE	2023 AMOUNT	TOTAL AWARD
Mi'kmaq Nation	Nation Foodways Exchange	\$12,500	\$12,500
Somali Bantu Community Association	Nation Foodways Exchange	\$12,500	\$12,500
Maine Transgender Network Inc.	Planning and Assessment for LGBTQ+ Immigrant Services	\$12,500	\$12,500
Hand In Hand/Mano En Mano	Women's Wellness Trips	\$12,500	\$12,500
In Her Presence	Women's Wellness Trips	\$12,500	\$12,500
*Collaborative Grants refer to projects undertaken jointly by two or mo	ore members of MeHAF's Health Equity Capacity Building cohort, funded through a special process in which grantees make funding decisic	ons about projects that support th	eir work together.
Related Grants			
Maine Community Foundation	Supporting Health and Health Care in Maine's Communities of Color (BIPOC Fund)	\$75,000	\$225,000
Maine Community Foundation	Supporting Health and Health Care in Maine's LGTBQ+ Community (Equity Fund)	\$40,000	\$40,000
Contracts/Consultants			
DVJ Consulting	Health Equity Capacity Building - Portland Outright Executive Coaching	\$10,000	\$10,000
Resources for Organizing and Social Change	Class Consciousness Training	\$17,500	\$17,500
S.E. Foster	Health Equity Capacity Building Evaluation	\$75,000	\$225,000
TOTAL GRANTS & CONTRACTS		\$874,303	\$3,535,014

RESPONSIVE GRANTS			
Community Responsive Grants (CRG)			
Amistad, Inc. dba Commonspace	Women's Substance Use Disorder Union Pilot	\$50,000	\$100,000
Cross Cultural Community Services	Oral Health Equity Collaborative	\$50,000	\$100,000
Health Equity Alliance	Sexual Health and Wellness Center	\$50,000	\$100,000
Maine Access Points	Bridging Access to Peer-Led Harm Reduction Education in Maine's Rural Communities	\$50,000	\$150,000^
Maine Community Integration	Ka-Bogso (Be Healed): Addressing Intergenerational Trauma in Culturally-Friendly Ways	\$39,000	\$74,000
Maine Equal Justice	All Means All: Coverage for Adult Immigrants in Maine	\$50,000	\$150,000^
Maine Inside Out	The Landing Spot	\$50,000	\$100,000
Maine People's Resource Center	Housing: Social Determinants of Health Implementation Project	\$50,000	\$100,000
Maine Transgender Network Inc.	Transgender Mental Health Program	\$50,000	\$100,000
 Mindbridge	Healing Racial Trauma Initiative	\$50,000	\$100,000

ORGANIZATION NAME	PROJECT TITLE 202	23 AMOUNT	TOTAL AWAR
New England Arab American Organization	Kindred Hearts	\$50,000	\$100,00
Nibezun	New Dawn: Increasing Wabanaki-Led Access to Natural Healing	\$49,980	\$99,96
OUT Maine	Making Maine's Health and Mental Health Services Accessible, Equitable and Inclusive for LGBTQ+ Youth	\$50,000	\$150,000
Quality Housing Coalition	Project HOME Health	\$50,000	\$100,00
Rangeley Health and Wellness Partnership	Community-Led Project to Increase Access to Healthcare and Social Determinants of Health Resources	\$30,000	\$30,00
SafeBAE	SafeBAE Certified Schools Program	\$50,000	\$150,000
Somali Bantu Community Association	Family & Youth Resources Coordinator Position	\$33,300	\$74,6
Tree Street Youth	Community-Led Target-Focused Program Design Project	\$50,000	\$100,0
University of New England	Strengthening our Healthcare Workforce: Empowering New Mainer Youth to Explore and Pursue Health Careers	\$50,000	\$100,0
Western Maine Addiction Recovery Initiative	Peer-Led Recovery Support for Rural Communities in Western Maine	\$50,000	\$100,0
Accessibility Expenses for Community Responsive	Grants*	\$38,740	
*Supplemental funding provided to grantees to address barriers to equi ^Received third year grant funding	table participation in their projects, such as language or physical accessibility.		
Systems Improvement and Innovation Respons	ive Grants Program (SIIRG)		
Amistad, Inc. dba Commonspace	Midcoast Overdose and Infection Initiative	\$50,000	\$100,0
City of Bangor, Health & Community Services	Community Equity Through Collaboration and Connection	\$50,000	\$100,0
Cross Cultural Community Services	Older BIPOC Advisory Committee	\$30,000	\$30,0
EqualityMaine	Increasing Cultural Competency in Maine's Senior Care Communities for LGBTQ+ Older Adults	\$50,000	\$100,0
Healthy Peninsula	Bridging Neighbors	\$50,000	\$100,0
In Her Presence	MotherCircle	\$50,000	\$150,00
Maine Chapter, American Academy of Pediatrics	Treatment, Recovery, Education, Advocacy for Teens with Substance Abuse Disorder in Maine	\$50,000	\$100,0
Maine Council On Aging	Transportation Equity for Healthy Aging	\$50,000	\$100,0
Maine Inside Out	Youth Leadership and Peer Support to Effect Transformative School and Systems Change	\$40,000	\$80,0
Maine Resilience Building Network	Youth Thriving in Franklin County	\$50,000	\$100,0
MaineHealth - Healthy Community Coalition	Mobile Harm Reduction in Franklin County	\$50,000	\$99,9
MaineHealth - Maine Medical Center	Addressing Health Equity in Child Development	\$50,000	\$100,0

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ORGANIZATION NAME	PROJECT TITLE	2023 AMOUNT	TOTAL AWARD
Midcoast Community Alliance dba Midcoast Youth Center	Bringing Care to Sagadahoc County Youth & Young Adults	\$30,000	\$30,000
New England Arab American Organization	SafeNow: Improving Access To Health and Support Services for Victims of Family Violence	\$50,000	\$137,190^
Northern Light Acadia Hospital	Improving Access and Reducing Barriers: Substance Use Disorder at Northern Light Health Rural and Urban Hospitals	\$50,000	\$100,000
Spurwink	Greater Portland Addiction Collaborative Pilot: Contingency Management for Stimulant Use Disorde	r \$50,000	\$100,000
St. Joseph Hospital	Island Communities Health Resource Access Assessment and Gap Response Planning	\$30,000	\$30,000
Thomas College	Developing a Campus Behavioral Health Strategic Plan	\$30,000	\$30,000
Woodfords Family Service	Woodfords' Psychiatric Primary Care Physician Consultation Program	\$50,000	\$100,000
^Received third year grant funding			
Contracts/Consultants			
Partnerships for Health	Joint Program Evaluation for CRG and SIIRG Grant Programs	\$15,200	\$34,200
S.E. Foster	Joint Program Evaluation for CRG and SIIRG Grant Programs	\$12,000	\$48,000
TOTAL GRANTS & CONTRACTS		\$937,200	\$1,582,176

ORAL HEALTH, HEALTHY OLDER ADULTS	, RURAL HEALTH, BEHAVIORAL HEALTH & HEALTH WORKFORCE		
Christine B. Foundation, Inc.	Association of Maine Cancer Support Centers: Rural Health - Cancer Community Needs Assessment	\$30,000	\$30,000
Maine Behavioral Health Foundation	Certified Community Behavioral Health Clinic Learning Collaborative	\$106,000	\$147,000
Maine Community Foundation	Maine Oral Health Funders (Pooled Fund)	\$50,000	\$300,000
Maine Council On Aging	Community Information Exchange Planning Phase II	\$35,000	\$140,000
Maine Council On Aging	Maine Access to Care Initiative	\$202,760	\$585,839
Maine Long-Term Care Ombudsman Program	Engaging and Empowering Direct Care Workers Initiative	\$2,000	\$33,166
Medical Care Development	Maine Community Connections Centers - Baileyville	\$25,000	\$25,000
New England Rural Health RoundTable	Maine Rural Health Action Network	\$3,550	\$39,080
Partnership for Children's Oral Health	Dental Steps Pilot	\$50,000	\$50,000
Partnership for Children's Oral Health	Maine Oral Health Funders Transforming Maine's Oral Health System: Financial Analysis	\$19,000	\$19,000
Contracts/Consultants			
Andrew Coburn	Rockland District Nursing Association Profile	\$700	\$3,500

ORGANIZATION NAME	PROJECT TITLE	2023 AMOUNT	TOTAL AWARD
Health & Education Communication Consultants	Maine Oral Health Funders Coordinator	\$17,043	\$17,043
Pivot Point, Inc.	Communications Support	\$2,000	\$6,000
University of Maine, Center on Aging	Leadership Exchange on Ageism Evaluation - Ripple Effects Mapping	\$10,000	\$13,306
TOTAL GRANTS & CONTRACTS		\$553,053	\$1,408,934

LEWISTON SHOOTING RESPONSE			
Community Clinical Services	Grants for Lewiston Shooting Response	\$15,000	\$15,000
Community Concepts	Grants for Lewiston Shooting Response	\$5,000	\$5,000
Kennebec Behavioral Health	Grants for Lewiston Shooting Response	\$10,000	\$10,000
Maine Association of the Deaf	Grants for Lewiston Shooting Response	\$5,000	\$5,000
Maine Community Foundation	Grants for Lewiston Shooting Response	\$25,000	\$25,000
Maine Community Integration	Grants for Lewiston Shooting Response	\$5,000	\$5,000
NAMI Maine	Grants for Lewiston Shooting Response	\$15,000	\$15,000
New Mainers Public Health Initiative	Grants for Lewiston Shooting Response	\$5,000	\$5,000
OUT Maine	Grants for Lewiston Shooting Response	\$5,000	\$5,000
Somali Bantu Community Association	Grants for Lewiston Shooting Response	\$5,000	\$5,000
Spurwink	Grants for Lewiston Shooting Response	\$15,000	\$15,000
Sweetser	Grants for Lewiston Shooting Response	\$25,000	\$25,000
The Opportunity Alliance	Grants for Lewiston Shooting Response	\$15,000	\$15,000
Tree Street Youth	Grants for Lewiston Shooting Response	\$5,000	\$5,000
Tri-County Mental Health Services	Grants for Lewiston Shooting Response	\$25,000	\$25,000
United Way of Androscoggin County	Grants for Lewiston Shooting Response	\$20,000	\$20,000
TOTAL GRANTS		\$200,000	\$200,000

DISCRETIONARY GRANTS			
Aroostook Mental Health Services, Inc.	Acquiring AED Units for Each of AMHC's Five Adult Facilities	\$9,900	\$9,900

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ORGANIZATION NAME	PROJECT TITLE	2023 AMOUNT	TOTAL AWARD
Bangor Public Library	Free Feminine Hygiene Product Dispensers	\$1,955	\$1,955
Christine B. Foundation, Inc.	Christine B. Foundation: Three to Five Year Strategic Framework	\$7,500	\$7,500
EqualityMaine	Communication and Marketing Support for Rebranding of SAGE Maine	\$10,000	\$10,000
Goodwill Industries of Northern New England	Improved Access to Self-Regulation	\$2,500	\$2,500
Kennebec Valley Family Dentistry	Purchase of Dental X-ray Sensor and Portable Nitrous Unit	\$10,000	\$10,000
Maine AllCare	Maine Center for Economic Policy Study of Universal, Single Payer Health Coverage in Maine	\$10,000	\$10,000
Maine Behavioral Health Foundation	Behavioral Health Access and Workforce Study	\$10,000	\$10,000
Maine Children's Alliance	New Design of KIDS COUNT Data Book 2023	\$5,400	\$5,400
Maine Family Planning	Responding to Abortion Care Needs in Maine Through Shared Strategic Planning	\$10,000	\$10,000
Maine Medical Education Trust	Engaging Maine's Clinical Community to Improve Treatment of Opioid Use Disorder and Access to Trea	tment \$10,000	\$10,000
Millinocket Regional Hospital	Cancer Support Groups	\$5,000	\$5,000
Opiate Free Island Partnership	Community Viewing of Film, JACINTA	\$3,500	\$3,500
Portland Recovery Community Center	Portland Recovery Community Center Strategic Plan 2023-2026	\$5,000	\$5,000
Spiritual Care Services of Maine	Outreach to Marginalized Populations to Share About Referral Service	\$9,100	\$9,100
University of Maine/Margaret Chase Smith Center for Public Policy	Needs Assessment on Childhood Brain Injury in Maine	\$9,988	\$9,988
Wellspring, Inc.	Wellspring's 2024-2027 Strategic Planning	\$7,000	\$7,000
TOTAL DISCRETIONARY GRANTS		\$126,843	\$126,843

MEETING SUPPORT GRANTS			
Cross Cultural Community Services	Black History Month Community Wellness Fair	\$2,000	\$2,000
Daniel Hanley Center for Health Leadership - a program of Maine Medical Education Trust	Hanley Center's Annual Networking Event, Embrace Aging: Uniting for Age Equity and Positivity in Healthcare	\$2,000	\$2,000
GrowSmart Maine	Creating Places for Connecting People	\$2,000	\$2,000
Hospice of Southern Maine	Thresholds Conference	\$2,000	\$2,000
Maine Council On Aging - Tri-State Learning Collaborative on Aging	Age Positive Culture: A Public Health Imperative	\$2,000	\$2,000

ORGANIZATION NAME	PROJECT TITLE 20	23 AMOUNT	TOTAL AWAR
Maine Council On Aging	2023 Wisdom Summit: The Change AGEnt Summit: Creatively Building Purpose, Belonging, and Inclusion Into Our New Longevity	\$2,000	\$2,00
Maine Development Foundation	Mobilizing Across Sectors: Centering Health and Prosperity in Maine's Economy	\$2,000	\$2,00
Maine Primary Care Association	Supporting Care Teams in Value Based Payment and Care Transformation	\$2,000	\$2,00
Maine Public Health Association	Equity and Ethics in Public Health Research and Evaluation	\$2,000	\$2,00
Maine Resilience Building Network	Together We Can Thrive, Creating an Equitable Shared Path Forward to Promote Resilience in Maine Communitie	s \$2,000	\$2,00
New Mainers Public Health Initiative	Celebrating the 8th National Public Health Week	\$2,000	\$2,00
Northern New England Society of Addiction Medicine	13th Annual Northern New England Society of Addiction Medicine Scientific Educational Meeting 2023	\$2,000	\$2,00
Resources for Organizing and Social Change	Harm Reduction Works	\$1,000	\$1,00
Trekkers	Midcoast Community Collaborative	\$1,000	\$1,00
University of Maine, Center on Aging	18th Annual University of Maine Clinical Geriatrics Colloquium	\$2,000	\$2,00
Uplift, Inc.	Voices of Empowerment: Inspiring a Path Forward - Maine Association of Community Service Providers 2023 Statewide Direct Support Conference	\$2,000	\$2,00
TOTAL MEETING SUPPORT GRANTS		\$30,000	\$30,00
LEADERSHIP GRANTS			
Daniel Hanley Center for Health Leadership - a program of Maine Medical Education Trust	Hanley Leadership Development Program - Empowering Leadership in Maine's Racial & Ethnic Minority Communities	\$25,000	\$25,00
Maine Community Foundation	Investing in Leaders of Color	\$18,000	\$36,00
Maine Community Foundation	Investing in Leaders of Color	\$11,700	\$44,70
Maine Council On Aging	Leadership Exchange on Ageism	\$10,000	\$10,00
Penobscot Community Health Care	2023 Dr. Wendy J. Wolf Health Leadership Award	\$10,000	\$10,00
Thomas College	Leadership Learning Exchange for Equity: L2E2	\$20,000	\$40,00
TOTAL LEADERSHIP GRANTS		\$94,700	\$165,70

ORGANIZATION NAME	PROJECT TITLE 20	23 AMOUNT	TOTAL AWARD
Maine Council On Aging	2023 Wisdom Summit: The Change AGEnt Summit: Creatively Building Purpose, Belonging, and Inclusion Into Our New Longevity	\$2,000	\$2,000
Maine Development Foundation	Mobilizing Across Sectors: Centering Health and Prosperity in Maine's Economy	\$2,000	\$2,000
Maine Primary Care Association	Supporting Care Teams in Value Based Payment and Care Transformation	\$2,000	\$2,000
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TOTAL LEADERSHIP GRANTS		\$94,700	\$165,700

CHARITABLE GIFTS			
An Angel's Wing, Inc.	Board Designated Charitable Gift	\$1,800	\$1,800

ORGANIZATION NAME	PROJECT TITLE	2023 AMOUNT	TOTAL AWARD
Bangor Area Recovery Network, Inc.	Community Advisory Committee Designated Charitable Gift	\$300	\$300
Bucksport Bay Healthy Communities Coalition	Community Advisory Committee Designated Charitable Gift	\$1,200	\$1,200
Community Housing of Maine	CEO Designated Charitable Gift	\$500	\$500
H.O.M.E. Inc.	CEO Designated Charitable Gift	\$500	\$500
Hope Brokers, Inc	Community Advisory Committee Designated Charitable Gift	\$1,200	\$1,200
Mabel Wadsworth Center	Community Advisory Committee Designated Charitable Gift	\$300	\$300
Maine Immigrants' Rights Coalition	Community Advisory Committee Designated Charitable Gift	\$600	\$600
NAMI Maine	CEO Designated Charitable Gift	\$10,000	\$10,000
Passamaquoddy Tribe at Indian Township	Community Advisory Committee Designated Charitable Gift	\$1,200	\$1,200
Resources for Organizing and Social Change	CEO Designated Charitable Gift	\$900	\$900
Wabanaki Public Health and Wellness	CEO Designated Charitable Gift	\$1,500	\$1,500
TOTAL CHARITABLE GIFTS		\$20,000	\$20,000

OTHER GRANTS			
Principle Group	Nova Fund Phase I Planning	\$20,700	\$20,700
Principle Group	Nova Fund Phase II Implementation	\$69,497	\$109,520
S.E. Foster	Strategic Framework Evaluation	\$8,234	\$8,234
S.E. Foster	Strategic Framework Evaluation	\$4,800	\$15,000
TOTAL OTHER GRANTS & CONTRAC	TS	\$103,231	\$153,454

ORGANIZATION NAME	PROJECT TITLE	2023 AMOUNT	TOTAL AWARD
NOVA FUND			
Health Advocacy			
AARP Foundation	Nova Fund Directed Grant	\$25,000	\$25,000
ACLU of Maine Foundation	Nova Fund Directed Grant	\$25,000	\$25,000
Consumers for Affordable Health Care	Nova Fund Directed Grant	\$25,000	\$25,000
Disability Rights Maine	Nova Fund Directed Grant	\$25,000	\$25,000
EqualityMaine	Nova Fund Directed Grant	\$25,000	\$25,000
Health Equity Alliance	Nova Fund Directed Grant	\$25,000	\$25,000
Maine Behavioral Health Foundation	Nova Fund Directed Grant	\$25,000	\$25,000
Maine Center for Economic Policy	Nova Fund Directed Grant	\$25,000	\$25,000
Maine Children's Alliance	Nova Fund Directed Grant	\$25,000	\$25,000
Maine Council On Aging	Nova Fund Directed Grant	\$25,000	\$25,000
Maine Equal Justice	Nova Fund Directed Grant	\$25,000	\$25,000
Maine Family Planning	Nova Fund Directed Grant	\$25,000	\$25,000
Maine Immigrants' Rights Coalition	Nova Fund Directed Grant	\$30,000	\$30,000
Maine Medical Education Trust	Nova Fund Directed Grant	\$25,000	\$25,000
Maine Mobile Health Program	Nova Fund Directed Grant	\$25,000	\$25,000
Maine People's Resource Center	Nova Fund Directed Grant	\$25,000	\$25,000
Maine Primary Care Association	Nova Fund Directed Grant	\$25,000	\$25,000
Maine Prisoner Advocacy Coalition	Nova Fund Directed Grant	\$30,000	\$30,000
Maine Public Health Association	Nova Fund Directed Grant	\$25,000	\$25,000
Maine Transgender Network, Inc.	Nova Fund Directed Grant	\$25,000	\$25,000
Maine Women's Lobby Education Fund	Nova Fund Directed Grant	\$25,000	\$25,000
NAMI Maine	Nova Fund Directed Grant	\$25,000	\$25,000
Planned Parenthood of Northern New England	Nova Fund Directed Grant	\$25,000	\$25,000
Presente! Maine	Nova Fund Directed Grant	\$30,000	\$30,000

ORGANIZATION NAME	PROJECT TITLE	2023 AMOUNT	TOTAL AWARD
Resources for Organizing and Social Change	Nova Fund Directed Grant	\$25,000	\$25,000
Southern Maine Workers' Center - fiscal sponsor for Portland Outright	Nova Fund Directed Grant	\$25,000	\$25,000
Southern Maine Workers' Center	Nova Fund Directed Grant	\$25,000	\$25,000
The Voices Project	Nova Fund Directed Grant	\$25,000	\$25,000
Reproductive Health			
Mabel Wadsworth Center	Nova Fund Directed Grant	\$20,000	\$20,000
Maine Family Planning	Nova Fund Directed Grant	\$50,000	\$50,000
Planned Parenthood of Northern New England	Nova Fund Directed Grant	\$50,000	\$50,000
Free Clinics Supporting Access to Care			
City of Portland - Portland Public Health & Human Services	Nova Fund Directed Grant	\$30,000	\$60,000
Ellsworth Free Medical Clinic	Nova Fund Directed Grant	\$20,000	\$40,000
Knox County Health Clinic	Nova Fund Directed Grant	\$50,000	\$100,000
Maine Seacoast Mission	Nova Fund Directed Grant	\$20,000	\$40,000
Mainely Teeth	Nova Fund Directed Grant	\$20,000	\$40,000
Oasis Free Clinics	Nova Fund Directed Grant	\$50,000	\$100,000
Trinity Jubilee Center	Nova Fund Directed Grant	\$10,000	\$20,000
Community-Led Health Needs Assessments			
Disability Rights Maine	Nova Fund Directed Grant	\$45,000	\$45,000

TOTAL NOVA FUND GRANTS & CONTRACTS	\$1,080,000	\$1,280,000
TOTAL GRANTS & CONTRACTS	\$4,392,747	\$11,861,276
GRAND TOTAL 2023 GRANTS & CONTRACTS	\$5,472,747	\$13,141,276

	2023 Preliminary Audit	2022 Audited	Р	2023 reliminary Audit	2022 Audited	
ASSETS			REVENUES WITHOUT DONOR RESTRICTIONS, GAINS AND OTHER SUPPORT			
Cash and cash equivalents	124,488	55,774	Net investment returns (losses)	31,230,047	(20,256,473)	
Prepaid expenses and current assets	71,930	90,980	Contributions	14,000	17,000	
Accounts receivable			Other income: miscellaneous		1,281	
Refundable excise taxes	144,000	144,000	Total revenues without donor restrictions, gains (losses) and other su	pport 31,244,047	(20,238,192)	
Investments	143,826,952	120,985,481				
Equipment, Net	41,201	26,864	Net assets released from restrictions			
Right of use asset	259,287	109,125	Total revenue and other support	31,244,047	(20,238,192)	
Total Assets	144,467,858	121,412,224				
			EXPENSES			
LIABILITIES AND NET ASSETS			Program			
Liabilities			Grants, net of refunds of unspent amounts	5,429,820	8,447,077	
Accounts payable and accrued expenses	47,923	44,690	Program service expenses	690,816	526,244	
Grants payable	5,510,784	6,162,900		6,120,636	8,973,321	
Deferred tax liability	456,000	456,000				
Lease liabilities - Current	65,100	109,125	Management & General			
Lease liability - LT	193,171		Program related	1,399,409	1,345,769	
Total Liabilities	6,272,978	6,772,715	Support services	168,601	176,402	
				1,568,010	1,522,171	
Net Assets						
Without donor restrictions	138,194,880	114,639,509	Excise tax (benefit) expense	30	422,028	
			Total Expenses	7,688,676	10,917,520	
Total Net Assets	138,194,880	114,639,509				
Total Liabilities & Net Assets	144,467,858	121,412,224	Change in net assets	23,555,371	(31,155,712)	
			MeHAF Net Assets, At beginning of year MeHAF Net Assets, December 31	114,639,509 138,194,880	145,795,221 114,639,509	

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Total Liabilities & Net Assets	144,467,858	121,412,224	Change in net assets	23,555,371	(31,155,712)
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#### STATEMENT OF FINANCIAL POSITION

#### Consultants

AUDITORS Anne Cloutier, CPA, FHFMA – Principal Baker Newman Noyes

TAX ACCOUNTANTS Nicholas Porto, CPA, MSA – Principal Baker Newman Noves

GENERAL COUNSEL Nelson A. Toner, Esg. Bernstein Shur

#### INVESTMENT ADVISORS

Gregory C. Johnson, CFA – Managing Principal Ian D. MacPherson, CFA, CAIA – Principal Catherine A. Powers, CFA – Principal Nathan A. Reid, CFA, CAIA – Principal Prime Buchholz LLC

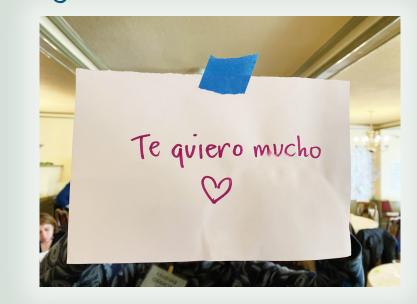
Note: The Board of Trustees engages the firm of Baker Newman Noyes of Portland, Maine, to perform the annual audit. To obtain a copy of our audit report, visit our website.



#### MeHAF Staff

Margo Beland – Finance Manager **Emily Berrill** – Program and Grants Associate Charles Dwyer – Senior Program Officer Jake Grindle – Senior Program Officer Holly Irish – Grants Manager Ruta Kadonoff – Vice President for Programs Dani Kalian – Executive Assistant Barbara Leonard – President & CEO **Jeb Murphy** – Communications Manager Frank Martinez Nocito – Program Officer

## In so many words...





Mehaf Maine Health Access Foundation



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www.mehaf.org