

# MAKING CONNECTIONS FOR BETTER HEALTH



2013 ANNUAL REPORT

**MEHAF**  
MAINE HEALTH ACCESS FOUNDATION

# MAKING CONNECTIONS FOR BETTER HEALTH

The mission of the Maine Health Access Foundation is to promote access to quality health care, especially for those who are uninsured and underserved, and improve the health of everyone in Maine.

MeHAF uses its expertise in health and health care to support programs that move critical issues forward, cultivate connections between grantees and policy leaders, support key research, and strengthen and improve Maine's health care system so people in every region of our state have access to quality care and better health.



Photo by Daryn Slover

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**MEHAF**  
MAINE HEALTH ACCESS FOUNDATION

MESSAGE FROM  
THE BOARD CHAIR & PRESIDENT



Sara Gagné-Holmes, Esq.  
CHAIR, BOARD OF TRUSTEES



Wendy J. Wolf, MD, MPH  
PRESIDENT & CEO

## Making Connections for Better Health

*“Alone we can do so little; together we can do so much.”*  
- Helen Keller

What comes to mind when you hear the word “foundation?” Chances are you think about giving away money – typically grants – to bring about social change.

This view was not far off the mark thirteen years ago when the Maine Health Access Foundation (MeHAF) was created. Back then we too viewed grantmaking as the primary tool to meet our mission.

Grants provide resources that organizations use to carry out important projects or activities, such as advocacy or public engagement, but funding alone is insufficient to spread successful strategies or innovative models to the tipping point of wide-scale adoption. Yet, our intent has always been on driving long-term, broad scale systemic improvements in health and health care delivery.

To drive large scale change, the foundation had to be more deeply embedded in the work of grantees. But more importantly, we needed to bring them together to connect, leverage and strengthen

their efforts. MeHAF began quarterly learning communities to discuss work, share successes and failures, and learn from national and local experts. We provide technical assistance, consultative help and convene experts to promote policy change that can sustain and strengthen our work.

At first, some groups hesitated at this intense engagement. Who wants more meetings on their busy schedule? But the value of the learning, collegial support and collective problem solving made the value proposition clear. In fact, these meetings have become so important that some organizations have continued to participate long after their multi-year grants end.

This Annual Report highlights the impact of deep partnerships and carefully cultivated connections. Whether it’s a statewide network of navigators, assisters and community groups trying to enroll Maine people in the new health insurance Marketplace, working and advocating on behalf of new Americans to help them understand our complex health care system, or promoting new payment models that served as building blocks for a Medicaid System Innovation grant, working together – beyond just grantmaking – we can do so much.

*Sara Gagné-Holmes    Wendy J. Wolf*

## CONNECTING MAINERS WITH AFFORDABLE COVERAGE THROUGH THE MARKETPLACE

Since 2010, MeHAF has partnered with a diverse group of community-based and statewide grantees to help Maine people get accurate, factual information about the federal Affordable Care Act (ACA), commonly known as “Obamacare.” In 2013, this outreach and education work took on greater importance with the opening of new Health Insurance Marketplaces.

As the centerpiece of the ACA, the Health Insurance Marketplace was designed to help individuals and small businesses easily compare and then enroll in high quality health plans. More importantly, Obamacare helps people with lower incomes purchase good coverage by providing financial help that can lower monthly premiums to meet tight household budgets.

States that set up their own Marketplace received substantial federal support to build state-specific websites and conduct intensive marketing. But Maine chose to rely on the federally-run Marketplace. As a result, Maine received very limited federal resources to hire and train assisters who could help consumers navigate this new way to shop for and purchase coverage.

MeHAF and the grantee consortium knew that the Marketplace premium subsidies provided an unprecedented opportunity to help uninsured and underinsured people get affordable coverage. But getting the word out to Maine people would require much more than just “boots on the ground.”



Buses promoted enroll207.com in Bangor, Lewiston and Portland.

enroll207.com



Above: A central feature of enroll207.com is a zip code directory of local help.

Left: Portland Regional Chamber of Commerce ACA small business forum.

With strong support from its Board, MeHAF engaged Burgess Advertising and Marketing to develop a well-coordinated, aggressive marketing campaign to raise public awareness. The central focal point of the campaign was a new website, enroll207.com, which provided Maine-specific Marketplace information and a zip code locator that linked consumers with trained local, in-person ACA navigators, brokers, and other assisters.

From October to December, the campaign used television and radio ads, press events, bus-wraps, print materials, online ads, educational town hall and Chamber of Commerce forums, and a broad social media strategy to get the word out.

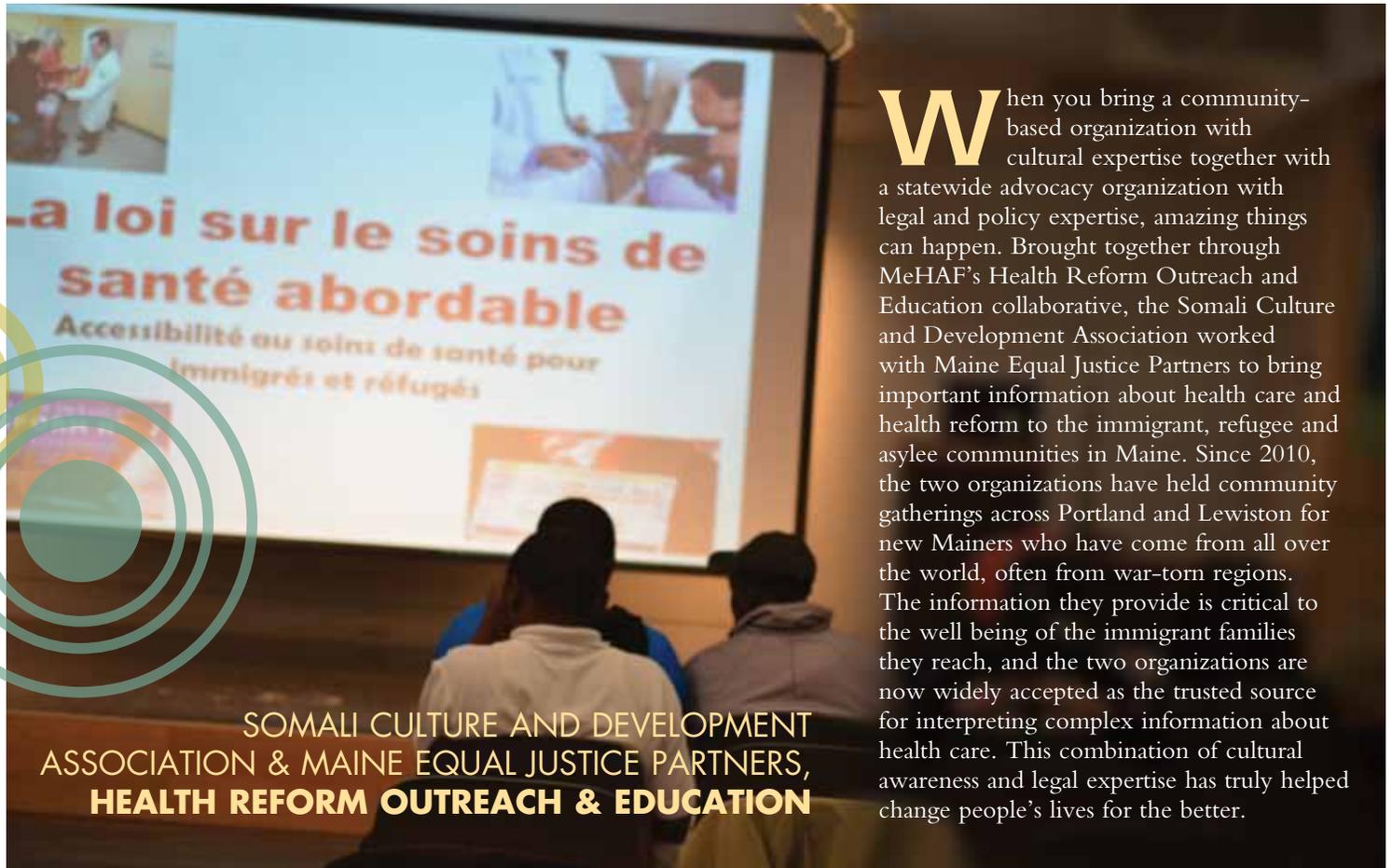
These efforts complemented the extraordinary work of the network of on-the-ground assisters. Their day-to-day work reaching people in communities helped Maine become the most successful federally-facilitated Marketplace state in the country with the highest number of people enrolled per capita by December 31, 2013.

## WESTERN MAINE COMMUNITY ACTION, HEALTH REFORM OUTREACH & EDUCATION

**A**fter passage of the 2010 Affordable Care Act (ACA), Western Maine Community Action (WMCA) joined a consortium of eleven organizations funded by MeHAF to educate Maine people about Obamacare. WMCA's long-standing relationship with uninsured people in greater Franklin County and their connections with the Community Action Programs across Maine made them a strong partner. Their education efforts started small by mailing ACA brochures with heating assistance notifications and using in-person conversations with people who tapped WMCA for other services. Their growing ACA expertise eventually led WMCA to expand their efforts to other CAP agencies in the state. It also positioned them to become the successful applicant for federal Health Insurance Marketplace Navigator funding. As Maine's lead Marketplace Navigator, WMCA has worked tirelessly with the grantee collaborative, connecting partner organizations with successful enrollment strategies to ensure Mainers have access to affordable coverage so people can get the care they need.



Navigator Jake Grindle of WMCA was a visible spokesperson.



## SOMALI CULTURE AND DEVELOPMENT ASSOCIATION & MAINE EQUAL JUSTICE PARTNERS, HEALTH REFORM OUTREACH & EDUCATION

**W**hen you bring a community-based organization with cultural expertise together with a statewide advocacy organization with legal and policy expertise, amazing things can happen. Brought together through MeHAF's Health Reform Outreach and Education collaborative, the Somali Culture and Development Association worked with Maine Equal Justice Partners to bring important information about health care and health reform to the immigrant, refugee and asylee communities in Maine. Since 2010, the two organizations have held community gatherings across Portland and Lewiston for new Mainers who have come from all over the world, often from war-torn regions. The information they provide is critical to the well being of the immigrant families they reach, and the two organizations are now widely accepted as the trusted source for interpreting complex information about health care. This combination of cultural awareness and legal expertise has truly helped change people's lives for the better.

## ADVOCACY GIVES VOICE TO VULNERABLE PEOPLE



Maine Medical Association members at a press event announcing support for Medicaid expansion.

Efforts to transform health care delivery and improve health should be shaped by the voices of vulnerable people – particularly those who are uninsured and underserved. Woven throughout MeHAF’s work is the requirement that grantees actively solicit the advice of uninsured people and those with low incomes to guide their work. As the Maine Legislature weighs important decisions prompted by the Affordable Care Act, MeHAF support to advocacy organizations helps ensure the issues and concerns of lower income people, including those who are uninsured, are front and center to inform and shape policy. Nowhere has this been more crucial than in the debate surrounding preserving coverage through Maine’s Medicaid program as a key safety net for lower income Mainers. For the last two years, advocates have received funding to conduct policy research, gather stories and testimonials, review and strengthen regulations, and work to educate and engage the public to build grassroots support.

## CONNECTING LEGISLATORS TO INFORMATION AND EXPERTS

Every year Maine’s citizen legislature deals with complex health care issues that can challenge even the most experienced and informed experts. To help legislators make sound policy decisions, MeHAF has partnered with the Maine Development Foundation to plan their biennial, non-partisan Policy Leaders Academy program (PLA) program that highlights key policy issues affecting the Maine economy. Since health care represents the third largest sector of Maine’s economy, MeHAF has helped develop educational sessions that focus on emergent health care issues that legislators are likely to see during the session. By tapping into the foundation’s extensive networks of partners, MeHAF helps design educational sessions that provide robust and very diverse perspectives on those health care issues that are likely to drive policy and budget discussions. Legislators are encouraged to reach out to these experts throughout the session, connecting them to the information they need to make important health policy decisions that will impact the health and well being of everyone in Maine.



Top: Legislators listen to a presentation at PLA. Bottom: Mitchell Stein of Consumers for Affordable Health Care with Michael R. Deschaine of Cross Employee Benefits.

## PROGRAMS THAT HELPED LEAD TO THE MAINE STATE INNOVATION MODEL GRANT

**D**eveloping new models to deliver higher quality, patient-centered care linked to a redesigned payment system is crucial for transforming health care. Pursuing this vision is a long journey. You need patience, persistence, and the support of an ever-widening circle of people to reach the destination.

Eight years ago MeHAF started promoting the integration of behavioral health with primary care. By working with a group of grantees who were early adopters, the once radical notion of providing “integrated care” eventually reached the tipping point to where it is now the accepted norm across the state.

Improving care delivery is hard, but fundamentally changing how we pay for care is a challenge of even greater magnitude. For seven years, MeHAF has worked with a group of grantees to advance payment reform in ways that meet the Triple Aim: improving population health, enhancing patient experiences and health outcomes, and reducing the cost of care. Payment reform grantees included several innovators, including Maine Quality Counts, the Maine Health Management Coalition (MHMC), and HealthInfoNet, as well as the state Medicaid (MaineCare) program.



Although the Triple Aim provided a common framework, their projects were not fully connected. But through the grantees’ work with one another and through MeHAF-sponsored meetings, they began to identify areas of alignment and synergy. Quality Counts’ development of Community Care Teams to support the statewide Patient-Centered Medical Homes demonstration project provided a model that is a critical element of MaineCare’s “Value Based Purchasing Strategy.”

MHMC’s workgroup of health systems, payers, large employers and MaineCare helped support the work of private and public payers so Accountable Care Organizations could more easily develop across the state. And Maine’s statewide Health Information Exchange (HealthInfoNet) created new analytic tools to demonstrate how powerful databases can align payment reform with better care delivery.

This synergy helped position each organization to serve as a key partner in Maine’s new federally-funded \$33 million State Innovation Model grant. As MaineCare’s Director of Strategic Initiatives noted, “MeHAF funding was the seed. Without it, these initiatives would not have developed as they did, and Maine would never have been successful in getting the SIM grant.”





**LEARNING  
COMMUNITIES PROMOTE  
COLLABORATIVE  
ACTION**

**G**rants allow organizations to conduct important projects or activities, but grant support alone is not enough to drive large scale, transformational changes in health and health care. People need more than money – they also need guidance, experience, support and know-how. To provide this extra support, MeHAF uses regular learning community meetings as a key strategy to advance the work of our grantees. These quarterly meetings were a core strategy in advancing the integration of physical and behavioral health statewide. Grantees get to step back from their regular duties to think more broadly about their work and how they effect change within their organizations. Learning communities also add visibility to the work, strengthen networks, support collaborations and new connections, and generate new thinking about entrenched problems. Although MeHAF taps local and national experts to share their expertise, the most valuable information comes from peer-to-peer learning. Through the learning communities, we've learned the whole is much greater than the sum of its parts.



**STREAMLINED GRANTS MANAGEMENT MAKES MEHAF A BETTER PARTNER**

**S**ome may consider grants management as primarily a back office function – necessary and important, but perhaps not central to the success of the project. MeHAF takes a different view: our grants management staff want each stage of the grant process – from submission of the initial request for funding to final reporting as opportunities to connect with and support grantees and applicants to meet project objectives. From information sessions held at the start of each program initiative, to live and on-demand technical assistance webinars, to simple phone calls or emails asking questions, grants management staff is ready to help. Over the years, we've worked to streamline grantmaking processes to reduce the burden on grantees and applicants so they can focus on achieving their grant objectives. We're committed to continuing to research best practices and listen to our grantees and applicants to strengthen connections and promote high quality funding outcomes.



Program Assistant Holly Merrithew and Grants Manager Cathy Luce.

## Board of Trustees & Community Advisory Committee

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**M**eHAF is fortunate to have a statewide Board of Trustees comprised of distinguished and recognized leaders who serve as the public stewards for the foundation's resources. The Board represents the demographic, professional and philosophical diversity that characterizes Maine, and Trustees draw upon their deep professional and personal experiences to guide the foundation's work. In 2013, the Board welcomed Bruce Nickerson, Executive Vice President and Chief Financial Officer of Bangor Savings Bank, as its newest member.

### Board of Trustees - 2013

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**Nancy Fritz**  
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**T**he foundation's work is enriched by the valuable input from our statewide Community Advisory Committee (CAC). These thoughtful and highly knowledgeable individuals expand MeHAF's capacity to understand the needs of our priority population—people who are uninsured and medically underserved. Members are drawn from many sectors and geographic areas across the state. In addition to advising the Board and staff on the focus and approach to our periodic needs assessments, members identify critical issues that align with and promote MeHAF's mission and strategic initiatives. CAC members serve jointly with Trustees on the foundation's committees. In 2013, the CAC welcomed four new members.

### Community Advisory Committee - 2013

**Cynthia Freeman Cyr**  
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FREEPORT

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PORTLAND

**Meryl Troop**  
PORTLAND

**Richard "Skip" White**  
PORTLAND

**C. Shawn Yardley, MS**  
BANGOR

# Advancing Health System Reform

ORGANIZATION	PROJECT TITLE	2013 AMOUNT	TOTAL AWARD
<b>HEALTH REFORM OUTREACH, EDUCATION AND ENROLLMENT</b>			
Community Concepts, Inc.	Educating and Promoting the ACA in Androscoggin, Oxford & Franklin Counties	\$60,000	\$120,000
Consumers for Affordable Health Care	Health Insurance Marketplace Technical Assistance	\$30,000	\$30,000
Consumers for Affordable Health Care	Enroll ME	\$250,000	\$250,000
City of Portland Public Health Division, Minority Health Program	Advancing Health Reform in Maine through Outreach, Education and Enrollment of Racial, Ethnic Language groups in Cumberland County	\$59,999	\$119,998
Hand in Hand / Mano en Mano, Inc.	REinFORMA 2014-2015	\$16,000	\$30,000
Healthy Community Coalition of Greater Franklin County	Franklin's Focus on Advancing Health System Reform	\$60,000	\$120,000
Maine Association of Area Agencies on Aging	Outreach and Education to Older and Disabled Uninsured Adults	\$60,000	\$120,000
Maine Equal Justice Partners	Facilitating Access to Health Care for Maine's Immigrants and Refugees	\$30,596	\$61,792
Maine Medical Education Trust	Mobilizing Health Care Providers to Maximize Enrollment in Health Coverage	\$42,895	\$85,790
Maine People's Resource Center	MPRC ACA Outreach, Education & Enrollment Project	\$60,000	\$120,000
Maine Primary Care Association	Supporting Outreach and Enrollment Efforts in Maine FQHCs	\$25,000	\$25,000
MaineHealth	Health Reform Outreach, Education and Enrollment for Self-pay and Free Care Patients	\$59,912	\$119,732
Planned Parenthood of Northern New England	Marketplace Outreach & Education Program	\$60,000	\$120,000
Preble Street	Health Care Outreach to Veterans	\$60,000	\$120,000
Somali Culture And Development Association	OEE for ME: Outreach, Education and Enrollment for Maine Immigrants	\$60,000	\$120,000
Western Maine Community Action Elder Services/Health Navigator Services	WMCA CAN Consortium Outreach and Education Project	\$25,000	\$25,000
<b>HEALTH REFORM OUTREACH, EDUCATION AND ENROLLMENT - CONTRACTS/CONSULTANTS</b>			
Burgess Advertising & Marketing	Health Insurance Marketplace Enrollment Campaign	\$225,354	\$510,000
Dirigo Design & Development, Inc.	enroll207.com	\$30,308	\$30,308
Pivot Point, Inc.	MeHAF's Health Reform Outreach & Education Facilitation	\$13,969	\$13,969
Rachel Lowe, Consultant	Health Insurance Marketplace Public Education Coordinator	\$3,780	\$3,780
Total Health Reform Outreach, Education and Enrollment Grants and Contracts (20)		\$1,232,813	
<b>HEALTH REFORM ADVOCACY</b>			
Consumers for Affordable Health Care	Giving a Voice to the Voiceless in Administrative Advocacy in Maine	\$75,000	\$150,000
Maine Center for Economic Policy	Delivering on the ACA's Promise of Affordable Health Care for Low-income Mainers	\$65,000	\$135,000
Maine Equal Justice Partners	Advancing Health Reform Through Administrative Advocacy	\$74,328	\$149,042
Maine Medical Education Trust	Ensuring Priority Populations Have Access to Meaningful Health Coverage through Implementation of the ACA in Maine	\$66,988	\$133,975
Maine People's Resource Center	ACA Grassroots Leaders Project	\$50,000	\$100,000
Total Health Reform Advocacy Grants (5)		\$331,316	
<b>OTHER</b>			
Maine Community Health Options	Bringing Maine's CO-OP to Market	\$300,000	\$300,000
Total Other Health Reform Grants and Contracts (1)		\$300,000	
<b>PAYMENT REFORM - CONTRACTS/CONSULTANTS</b>			
Grantwise Consulting	Payment Reform Learning and Synergy Consultant	\$29,065	\$29,065
USM/Edmund S. Muskie School of Public Service, Cutler Institute for Health & Social Policy	Evaluation of Advancing Payment Reform Initiative	\$81,400	\$293,087
Total Payment Reform Grants and Contracts (2)		\$110,465	

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## Advancing Health System Reform

ORGANIZATION	PROJECT TITLE	2013 AMOUNT	TOTAL AWARD
<b>POLICY/DATA RESEARCH</b>			
State of Maine, Dept. of Health and Human Services, Office of MaineCare Services	MaineCare Actuarial Value Benefit Assessment	\$75,000	\$75,000
GfK Custom Research, LLC	Maine Supplement to the Health Reform Monitoring Survey	\$14,900	\$29,800
Gorman Actuarial, LLC	Access to Quality Care Actuarial Technical Support	\$16,000	\$16,000
Total Policy/Data Research Grants and Contracts (3)		\$105,900	
<b>Total Grants and Contracts: Advancing Health System Reform (31)</b>		<b>\$2,080,494</b>	

## Promoting Patient-Centered Care

ORGANIZATION	PROJECT TITLE	2013 AMOUNT	TOTAL AWARD
<b>INTEGRATED CARE/BEHAVIORAL HEALTH HOMES</b>			
Aroostook Mental Health Services, Inc. (AMHC)	AMHC Behavioral Health Home Planning Project	\$25,000	\$25,000
Charlotte White Center	Charlotte White Behavioral Health Home (CWBHH)	\$25,000	\$25,000
Maine Primary Care Association	Support for Behavioral Health Integration at Federally Qualified Health Centers	\$100,000	\$200,000
Maine Quality Counts	Building for Excellence: Expanding the PCMH Model in Maine	\$80,000	\$240,000
MaineGeneral Community Care	Kennebec/Somerset Behavioral Health Homes	\$25,000	\$25,000
The Opportunity Alliance	Behavioral Health Homes Planning Grant	\$25,000	\$25,000
Tri-County Mental Health Services	TCMHS Behavioral Health Home	\$25,000	\$25,000
Total Integrated Care/Behavioral Health Homes Grants and Contracts (12)		\$499,617	
<b>INTEGRATED CARE - CONTRACTS/CONSULTANTS</b>			
Brenda Joly, Consultant	Integrated Care Initiative Grantee Sustainability Survey	\$6,800	\$13,600
John Snow, Inc. (JSI)	Evaluation of Integrated Care Initiative	\$99,767	\$249,767
Mary Rainwater, Consultant	Behavioral Health Homes Advisory Committee Consultant	\$42,600	\$42,600
Public Health Consulting, LLC	Integrated Care Initiative Learning Collaborative Consultant	\$32,000	\$32,000
Spring Harbor Community Services	Integrated Care Initiative Technical Assistance	\$13,450	\$13,450
Total Improving Care Across the Continuum of Care Grants and Contracts (8)		\$319,780	
<b>Total Grants and Contracts: Promoting Patient Centered Care (20)</b>		<b>\$819,397</b>	

## Improving Access to Quality Care

ORGANIZATION	PROJECT TITLE	2013 AMOUNT	TOTAL AWARD
<b>ORAL HEALTH</b>			
Aroostook Dental Clinic	Improving Financial Sustainability and Clinical Productivity	\$5,000	\$5,000
Community Dental	Community Dental - Lewiston	\$5,000	\$5,000
Fish River Rural Health	Fish River Rural Health Dental Practice Strengthening	\$5,000	\$5,000
City of Portland, Public Health Division, Health Care for the Homeless	Strengthening Safety Net Dental Practices in Maine	\$5,000	\$5,000
HealthWays/Regional Medical Center at Lubec, Inc.	Strengthening Safety Net Dental Practices in Maine	\$5,000	\$5,000
Lincoln County Dental Inc.	Safety Net Strategic Planning	\$5,000	\$5,000
York County Community Action Corporation York County Community Health Care	York County Community Health Care Dental Quality Improvement Project	\$5,000	\$5,000
<b>ORAL HEALTH - CONTRACTS/CONSULTANTS</b>			
Dala Consulting	Maine Oral Health Funders Consultant	\$29,020	\$29,020
Total Oral Health Grants and Contracts (8)		\$64,020	
<b>IMPROVING ACCESS TO QUALITY CARE FOR UNINSURED INDIVIDUALS</b>			
Islands Community Medical Services, Inc.	Improving Continuity of Care and Patient Experience for the Vulnerable Population of the Islands	\$50,000	\$50,000
MaineHealth	Expanding Access to Care: Care Partners York County	\$98,825	\$297,854
Mercy Hospital	Mercy's Expanded Medical Neighborhood	\$50,000	\$50,000
Mid-Coast Health Net, Inc.	Expanding Access to Care in the Mid-Coast	\$50,000	\$50,000
Penobscot Community Health Center	Greater-Bangor Access to Quality Care (A2QC) for All	\$49,997	\$49,997
Portland Community Health Center	Insuring Access to Quality Care for Uninsured Individuals	\$50,000	\$50,000
Total Improving Access for Quality Care for Uninsured Individuals Grants and Contracts (6)		\$348,822	
<b>IMPROVING ACCESS TO QUALITY CARE - OTHER</b>			
Maine Quality Counts	'Aligning Maine's Forces To Become The First State to Reach the Triple Aim' QC 2013 Annual Conference	\$25,000	\$25,000
Portland Community Health Center	Assuring Access to Quality Care for Underserved Populations	\$60,000	\$60,000
Total Other Improving Access for Quality Care Grants and Contracts (2)		\$85,000	
<b>Total Grants and Contracts: Improving Access to Quality Care (16)</b>		<b>\$497,842</b>	

## Achieving Better Health in Communities

ORGANIZATION	PROJECT TITLE	2013 AMOUNT	TOTAL AWARD
<b>HEALTHY COMMUNITIES</b>			
Aroostook Band of Micmacs	Netukulimk Community Health Project	\$20,000	\$20,000
Aroostook County Action Program, Inc.	Community Connections United to Improving Health	\$20,000	\$20,000
City of Bangor, Health & Community Services	Greater Bangor Healthy Communities Initiative	\$19,480	\$19,480
Community Concepts, Inc.	Achieving Better Health in Lewiston/Auburn	\$20,000	\$20,000
Healthy Communities of the Capital Area	Healthy Communities: Time to Increase Meaningful Engagement (TIME)	\$20,000	\$20,000
Healthy Community Coalition of Greater Franklin County	Feeding The Hunger - Uniting Franklin Forces for Better Health	\$20,000	\$20,000

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## Achieving Better Health in Communities

ORGANIZATION	PROJECT TITLE	2013 AMOUNT	TOTAL AWARD
<b>HEALTHY COMMUNITIES</b> (Continued from previous page.)			
Lincoln County Regional Planning Commission	Lincoln County Health Connections	\$20,000	\$20,000
Maine Sea Coast Mission, Island Health Services	Building Sustainable Community Health Programs for the Outer Islands of Lincoln, Knox, Waldo, and Hancock Counties.	\$18,400	\$18,400
MaineGeneral Medical Center	Healthy Waterville	\$20,000	\$20,000
Mount Desert Island Hospital	Building Connections to Health - Downeast Maine Communities Strive for Better Health Outcomes	\$19,731	\$19,731
Penobscot Bay YMCA Knox County Community Health Coalition	As We See It....Voices of Knox County	\$19,999	\$19,999
Piscataquis Regional YMCA	Community Health Improvement Project (CHIP)	\$17,439	\$17,439
Public Health Resource Institute	Utilizing a Community-Based Participatory Process to Improve Health and Wellness for Communities Across Washington County	\$19,999	\$19,999
Redington-Fairview General Hospital Greater Somerset Public Health Collaborative	Achieving Better Health in Jackman, Maine: The Aging Project	\$20,000	\$20,000
Somali Culture And Development Association	MeHAF Healthy Communities Grants Program 2013: Coalition Building From the Ground Up	\$20,000	\$20,000
The Opportunity Alliance, Healthy Lakes HMP	Access to Health for the Lakes Region	\$20,000	\$20,000
The Opportunity Alliance	Parkside Neighborhood: Community Engagement for Better Health	\$20,000	\$20,000
Western Maine Health Care Corp., Healthy Oxford Hills	Achieving Better Health in Oxford County	\$20,000	\$20,000
York County Community Action Corporation	YCCAC Community Health Working Group	\$20,000	\$20,000
York Hospital, Choose To Be Healthy Partnership	Achieving Better Health For Those With Low Literacy.	\$18,300	\$18,300
Total Healthy Communities Grants and Contracts (20)		\$393,348	
<b>COMMUNITY PROGRAMS/OTHER</b>			
The Opportunity Alliance	The West End Health Connection: Strengthening the Community by Reducing Substance Abuse in South Portland's West End	\$18,304	\$18,304
Town of Bucksport, Maine	Community Wellness Guide Program	\$20,000	\$20,000
Total Community Programs/Other Grants and Contracts (2)		\$38,304	
<b>Total Grants and Contracts: Achieving Better Health in Communities (22)</b>		<b>\$431,652</b>	

## Other Funding

ORGANIZATION	PROJECT TITLE	2013 AMOUNT	TOTAL AWARD
<b>LEADERSHIP DEVELOPMENT &amp; CAPACITY BUILDING</b>			
Blue Cross and Blue Shield of Massachusetts Foundation, Inc.	2013 Health Coverage Fellowship	\$18,000	\$18,000
Center for Health Policy Development	26th Anniversary State Health Policy Conference - What's Brewing in State Health Policy	\$13,305	\$13,305
Daniel Hanley Center for Health Leadership	Building Patient-Centered Interdisciplinary Teams To Implement Health Reform and Address Health Disparities in Maine	\$20,000	\$55,000
Maine Community Foundation, Inc.	Supporting Health and Health Care for Maine's Communities of Color	\$50,000	\$50,000
Total Leadership Development & Capacity Building Grants and Contracts (4)		\$101,305	

Continued on next page.

## Other Funding

ORGANIZATION	PROJECT TITLE	2013 AMOUNT	TOTAL AWARD
<b>DISCRETIONARY GRANTS &amp; MEETING SUPPORT</b>			
American Cancer Society, New England Division	Living with Cancer Conference	\$2,000	\$2,000
Aroostook Dental Clinic	Welcoming Aroostook County's First Pediatric Dentist	\$7,856	\$7,856
Calais Regional Hospital	Guest Speaker Regina Holliday: "The Writing on the Wall"	\$1,000	\$1,000
Cary Medical Center	Diversion Alert Program	\$10,000	\$10,000
Central ME Community Health Corp., Healthy Androscoggin	Lewiston-Auburn Green and Healthy Homes Initiative Roundtable	\$965	\$965
City of Calais, Calais Fire/EMS	Communications Equipment	\$4,750	\$4,750
Community Dental	Improving Access to Oral Health Care for Persons with Mental, Physical, and Intellectual Disabilities	\$4,800	\$4,800
Community Partners, Inc.	IDD Healthcare Video Mentoring Project	\$8,645	\$8,645
Hand in Hand / Mano en Mano, Inc.	Strategic Plan & Business Plan 2013-2016	\$2,000	\$2,000
hear ME now!	Tele-therapy Access Project	\$7,500	\$7,500
Husson University	Addiction and Recovery for Women: Celebrating Empowerment and Renewal	\$2,000	\$2,000
Kennebec Valley Organization	End Elderly Isolation Program	\$5,000	\$5,000
LifeFlight of Maine	Rising Tide Non-Profit EMS Collaborative Conference	\$2,000	\$2,000
Maine Center on Deafness	25th Annual Maine Deaf, Hard of Hearing, Late Deafened and Deaf-Blind Conference: Wellness	\$2,000	\$2,000
Maine Dental Health Outreach, Inc.	New Autoclave for Dental Hygiene Services for School Children Program	\$3,463	\$3,463
Maine Medical Education Trust	Adverse Childhood Experiences and the Development of Adult Health Risks: Violence, Disease & Premature Death	\$2,000	\$2,000
Maine Medical Education Trust Medical Professionals Health Program	Professionals Conference: Health, Well-being and Awareness	\$2,000	\$2,000
Maine People's Resource Center	Public Opinion Research on Medicaid Expansion	\$10,000	\$10,000
Maine Public Health Association	Health in All Policy: The Value of Public Health in Maine	\$1,000	\$1,000
Maine Women's Policy Center	Maine Women's Summit on Economic Security	\$1,000	\$1,000
Portland Adult Education	Portland Adult Education New Mainers Resource Center Pilot Project	\$10,000	\$10,000
Portland Community Health Center	FQHC New Start Financial Transition Support	\$10,000	\$10,000
University of New England, Dept. of Geriatric Medicine	23rd Annual Maine Geriatrics Conference	\$2,000	\$2,000
University of New Hampshire	Health Care Transformation Learning Symposium	\$2,000	\$2,000
USM/Edmund S. Muskie School of Public Service, Cutler Institute for Health & Social Policy	Diabetes Prevention and Anti-psychotic Medications Quality Improvement Project	\$5,785	\$5,785
USM/Edmund S. Muskie School of Public Service, Cutler Institute for Health & Social Policy	Muskie Health Policy Colloquia	\$2,000	\$2,000
Wabanaki Mental Health Association Maine Wabanaki - State Child Welfare Truth & Reconciliation Commission	Maine Wabanaki-State Child Welfare Truth & Reconciliation Commission: Seating of the Commission	\$2,000	\$2,000
Total Discretionary Grants & Meeting Support (27)		\$113,764	
<b>CHARITABLE GIFTS</b>			
Maine Initiatives	Sponsorship of the 2013 Watering Can Awards Celebration	\$5,000	\$5,000
Maine Initiatives	Sponsorship for Maine Initiatives Funding Solutions	\$500	\$500
Maine Philanthropy Center	Special Gift in Honor of Retiring President's Service	\$5,000	\$5,000
University of New England	Charitable Gift for Board Service	\$1,400	\$1,400
Total Charitable Gifts (4)		\$11,900	
<b>Total Grants and Contracts: Other Funding (35)</b>		<b>\$226,969</b>	
<b>Total Grants, Contracts, and Gifts</b>		<b>\$4,056,354</b>	

# Statement of Financial Position - 2013

	2013 Unaudited	2012
<b>ASSETS</b>		
General fund cash and cash equivalents	\$44,353	\$61,526
General fund investments, fair value	123,502,253	112,258,451
Program-related investments	750,000	750,000
Prepaid income taxes	74,000	74,000
Prepaid expenses and deposits	42,476	35,143
Property and equipment - net	47,469	37,570
<b>Total Assets</b>	<b>124,460,551</b>	<b>113,216,690</b>
<b>LIABILITIES AND NET ASSETS</b>		
<b>Liabilities</b>		
Grants payable	\$1,945,314	\$1,046,666
Deferred tax liability	376,000	376,000
Accounts payable and accrued liabilities	39,118	53,616
<b>Total Liabilities</b>	<b>2,360,432</b>	<b>1,476,282</b>
<b>Net Assets</b>		
Unreserved Fund Balance	122,100,119	111,740,408
<b>Total Net Assets</b>	<b>122,100,119</b>	<b>111,740,408</b>
<b>Total Liabilities &amp; Net Assets</b>	<b>124,460,551</b>	<b>113,216,690</b>

## Statement of Activities and Changes in Net Assets

<b>SUPPORT AND REVENUES</b>		
Investment returns (losses), net of fees	\$16,901,303	\$13,401,372
Contributions	6,000	41,700
Other income: miscellaneous	3,225	8,223
<b>Total Support &amp; Revenue</b>	<b>16,910,528</b>	<b>13,451,295</b>
<b>EXPENSES</b>		
Grants and program expenses, net of refunds of unspent amounts	\$4,289,221	\$3,971,455
Administrative expenses	2,138,180	1,186,485
Depreciation	17,404	11,524
Excise tax expense	106,012	420,120
<b>Total Expenses</b>	<b>6,550,817</b>	<b>5,589,584</b>
<b>Change in net assets</b>	<b>10,359,711</b>	<b>7,861,711</b>
<b>MeHAF Net Assets, January 1</b>	<b>111,740,408</b>	<b>103,878,697</b>
<b>MeHAF Net Assets, December 31</b>	<b>122,100,119</b>	<b>111,740,408</b>

### Consultants

#### ACCOUNTANT

Margo Beland  
Maine Development Foundation

#### AUDITORS

Jeff Skaggs, CPA, Principal  
Julie Sulzberger, CPA, Audit Manager  
Baker Newman Noyes

#### TAX ACCOUNTANT

Drew Cheney, CPA  
Baker Newman Noyes

#### GENERAL COUNSEL

Elizabeth M. Sellers, Esq.  
Bernstein Shur

#### INVESTMENT ADVISORS

Greg Johnson  
Michael Soares  
Prime, Buchholz & Associates, Inc.

Note: The Board of Trustees engaged the firm of Baker Newman Noyes of Portland, Maine to perform the annual audit. To obtain copy of the 2013 audit report, contact the MeHAF office.

### MeHAF Staff

Len Bartel  
Becky Hayes Boober, PhD  
Alyson Cummings, JD  
Charles Dwyer  
Morgan Hynd  
Dani Kalian  
Barbara Leonard, MPH  
Catherine Luce, MBA  
Holly Merrithew  
Wendy J. Wolf, MD, MPH

**MEHAF**  
MAINE HEALTH ACCESS FOUNDATION  
PROMOTING ACCESS. IMPROVING HEALTH.